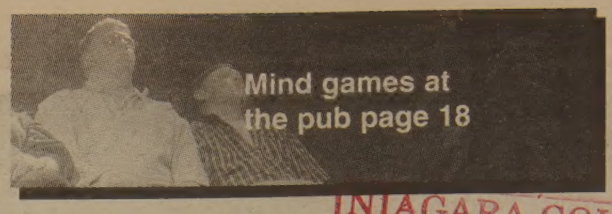
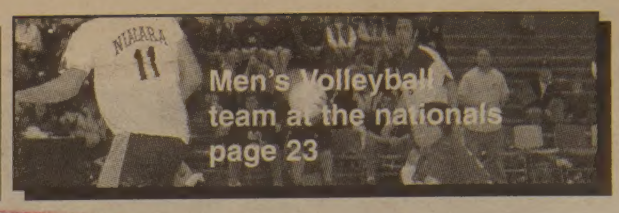




NIAGARA COLLEGE
of Applied Arts and Technology
WELLAND CAMPUS
LEARNING
RESOURCE CENTRE

21 Pizza
No Taxes
with college I.D.
572 Niagara St.
Welland
734-6-241

NIAGARA NEWS

March 10, 2000 FREE VOLUME 30 ISSUE 12

Niagara News is produced by the Journalism - Print students at Niagara College, Welland Campus

From left, Tim Denis, from CKTB Radio, Gary Hendershot and Joanne Margaret teamed up to represent COGECO Cable. The celebrity chefs prepare their chilies at the Kidney Foundation's annual media/celebrity chili cook-off that was held at the Red Hot Chili Pepper in St. Catharines. See story on page 6.

Photo by Shannon Palomaki

Ontario colleges' future uncertain

By JOHN ROBBINS
Staff Writer

Ontario's colleges need to go public with their side of the story if they are to stave-off future cuts to post-secondary funding.

That's the advice a prominent magazine editor gave to an audience of more than 500 college administrators and board members gathered to discuss the future of Ontario's 25 publicly funded colleges, Feb. 21, during the 25th annual conference of the Association of Colleges of Applied Arts and Technology of Ontario.

Niagara College hosted this year's meeting, held at the Sheraton Fallsview Hotel and Conference Centre, in Niagara Falls.

"Higher education is not winning, and you have to get the message across," said Ann Dowsett Johnston, associate managing editor of Maclean's magazine.

"We need an urgent reinvestment in the (educational) system or forever regret it."

Calling the provincial government's education policies "short-sighted," Dowsett Johnston said funding for Ontario's post-secondary schools is further complicated by "the terrible impasse between the federal and provincial governments."

Because people view education as a consumer product, she said, "education is headline news." Colleges should be using this media attention to promote public awareness of the problems that now confront them and to "trumpet" their public accountability, she added.

A self-described "ranking nerd," Dowsett Johnston said the magazine's annual supplement, which ranks Canadian universities, is meant to inform "a public that connects the dots between earning and learning so quickly."

"I can say with confidence, ranking remains a student-led initiative."

Lady Knights basketball team ends season with first win

By MIKE DILTS
Staff Writer

They won!

The Niagara Knights women's basketball team tallied its first win in the last game of the season.

The Knights celebrated a 71-67 overtime win against Redeemer College of Ancaster on Feb. 25.

"This was the last game of the season," said Georgie Groat, Niagara Knights' coach. "This is the last game for some of the players and some will be coming back next September, so they stuck it out and really sucked it up and did a great job."

The Knights came onto the court in the first half with determination not to go winless this season. Playing a strong defence, Niagara and Redeemer went into the second half tied at 28. For most of the half, Niagara kept a short lead, but Redeemer tied the game in the dying seconds at 63, taking them into overtime.

"They were very tired, but very composed," said Groat. "They've never played this close of a game before and they stayed focused." Groat said she was confident that they would come through and win.

There is no doubt that Niagara played the best game of the season. Instead of playing one good half and one bad half, they played two outstanding halves and an aggressive five-minute overtime.

Usually most of the scoring is done by Candace Oxford or Tasha Warwick, who both got 14 points, but they got help from teammates Heidi Vanderwier and Melissa Hallborg, who both got 14 points, and LeighAnn Breault, who got 12 points.

"It was a real load off our backs," said Warwick, a Correctional Worker program student. "We would go home saying 'We could have won this game, we could have won the game, but we didn't, and today we actually won."

Warwick said she's hoping to take what she learned from this year's season and be able to use it for next year's.

Niagara, this season, won one game, lost 15 in league play and were one and 26 overall.

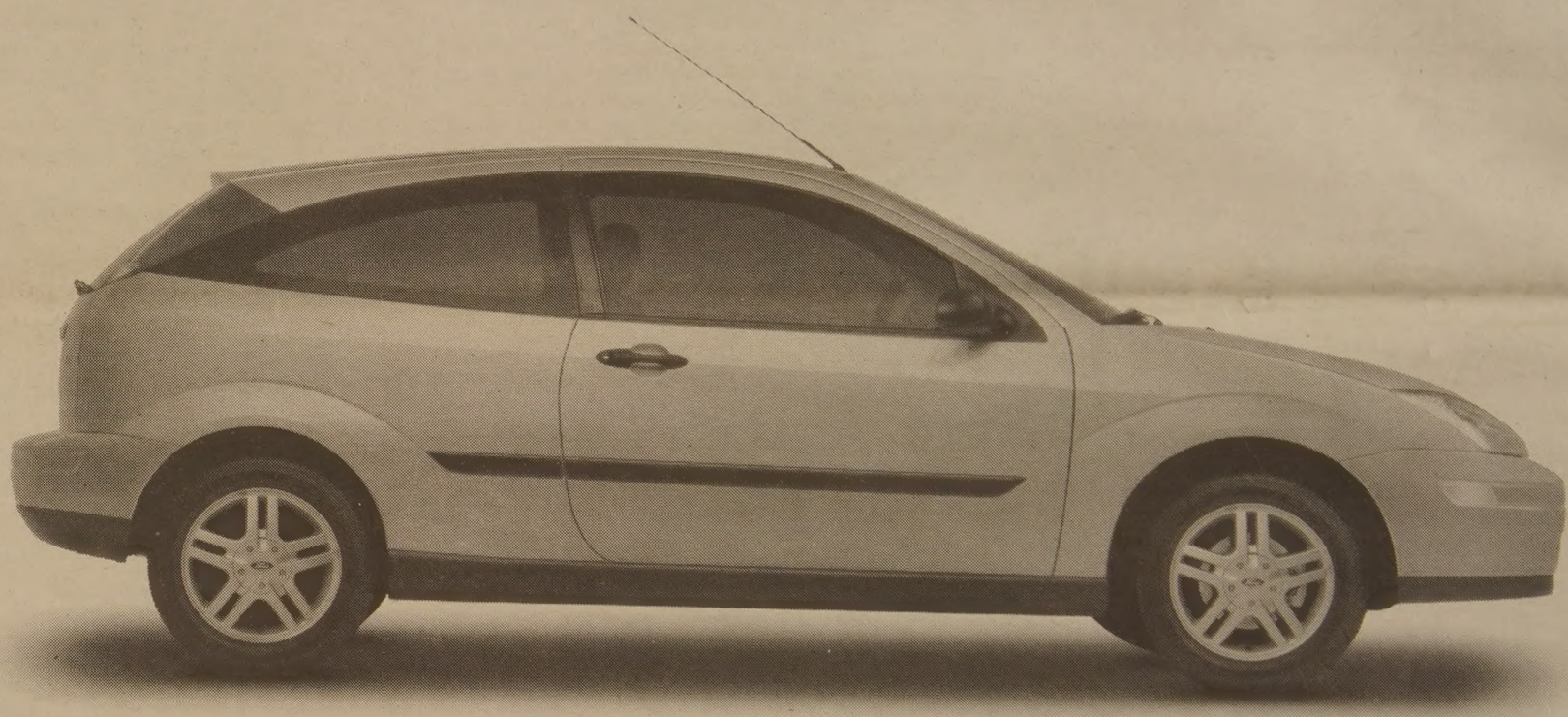
See related photo on page 22

25 SEAWAY MALL
25th ANNIVERSARY
NIAGARA STREET,
WELLAND 735-0694
MON. TO FRI. 10:00 A.M. TO 9:00 P.M.
SATURDAY 9:30 A.M. TO 9:00 P.M.
SUNDAY 10:00 A.M. TO 5:00 P.M.
INTERNET ADDRESS:
http://www.seawaymall.com

SELF SURF
http://www.seawaymall.com

come and see why the fordfocus was voted
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA
2000 Canadian Car of the Year

thanks for checking out
the new fordfocus
@ campus caravan



your response was overwhelming!

now
check out the new fordfocus zx3
at a dealership near you, starting at $16,695.
ask about ***$1000 cash back for grads!***

fordfocus campus caravan

Ford

www.focuscanada.com

BOARD OF GOVERNORS

Students will face higher incidental fees

By JOHN ROBBINS
Staff Writer

Next year's new and returning Niagara College students will pay more for some college services, but most other student fees will remain unchanged.

The college's Board of Governors gave its approval to an increase in non-tuition-related incidental fees as proposed by the college's fee protocol committee, during the Feb. 17 meeting.

Incidental fees for the 2000/2001 academic year will increase $5.50 from the current $273.50 to $279 a term for full-time students.

These fees cover the cost of student activities and services not included in the college's base tuition rate.

"We tried to keep (the increase) as low as possible, keeping in mind what we had to accomplish," said Kevin Reles, Student Administrative Council (SAC) president for the Glendale campus, in Niagara-on-the-Lake.

Last year, incidental fees increased by 15.3 per cent, in large measure as a result of a $25-a-term increase to the student technology fee, which is used to maintain the college's open-access computer labs.

"The precedent of a zero increase isn't good either," said Reles, explaining next year's $2-a-term increase in the student technology fee is necessary to "keep pace" with the rising cost of providing this service to students.

In March 1998, college officials and representatives of SAC signed the Niagara College Fee Protocol Agreement. This sets out the process by which non-tuition-related fees are established, and how, in the future, new fees can be added.

Reles, who is also the student representative on the Board of Governors, is one of three SAC presidents who are members of the fee protocol committee. In addition to Reles, Jennifer Beatty, Welland campus SAC president, and Andrea Bowman, Maid of the Mist Centre SAC president, were present at the meeting to answer questions posed by board members.

Dan Patterson, Niagara College president, and Martha Casson, vice-president of enterprise and services, represent the college on the five-member committee.

During the meeting, Bill Munroe, the board's faculty representative, asked the three SAC presidents if they knew how many students are unable to take part in student activities because they have a scheduling conflict.

The new fee schedule provides for an $2-a-term increase to the student activity fee.

"I've heard a number of complaints from students who complain they are paying the fees, but are not able to timetable (the activities)," added Munroe.

Reles explained SAC members try to plan SAC-sponsored events at different times, but said there will always be some students who will have difficulty fitting a particular event into their schedule.

Incidental fees for students who are not considered full time will be based on a percentage of the full-time fees.

Non-tuition-related incidental fees

(Full-time students — per term)

FEE	1998-1999	1999-2000	2000-2001
College services	$72.50	$72.50	$72.50
SAC	$66.00	$72.00	$74.00
Graduation	$24.00	$28.00	$28.00
Alumni	$12.50	$12.50	$12.50
Student Centre	$20.00	$21.00	$22.50
Orientation	$6.25	$7.50	$7.50
Student technology	$35.00	$60.00	$62.00
Total	$236.25	$273.50	$279.00

Source: Niagara College, Office of the Registrar

College's grant request turned down

By JOHN ROBBINS
Staff Writer

It was a SuperBuild shutout in Niagara, as the provincial government said no to more than $39 million in grants to the region's two public post-secondary schools.

During a week of government funding announcements in which the provincial government approved nearly $120 million in grants to colleges and universities across Ontario, Niagara College officials learned of the government's decision on Feb. 24. Brock University officials got the same news the next day.

"As unfortunate as this news is, it will not deter us from achieving our vision and goals as expressed in our SuperBuild submissions," said Dan Patterson, president of Niagara College.

Those goals, as embodied in two separate applications for provincial funding submitted last November, envisioned a $7.3-million expansion to the Maid of the Mist Centre, in Niagara Falls, and $17.3 million for expansion and renovations to the college's 33-year-old Welland campus. The total amount requested of the provincial government under SuperBuild was $18.1 million.

"I think we have to be careful not to view this as a negative response from the ministry," Patterson said.

"I'm sure our community and business leaders will recognize that this (decision) is not a reflection on the merit of our submission."

While the Ministry of Training, Colleges and Universities did not offer any explanation for denying either of the college's requests, Patterson said a $32-million provincial grant the college received three years ago for the construction of the Glendale campus, in Niagara-on-the-Lake, may have been a factor in the government's decision.

Patterson will be meeting with Dianne Cunningham, minister of training, colleges and universities, on March 15 to ask why the college's requests were turned down.

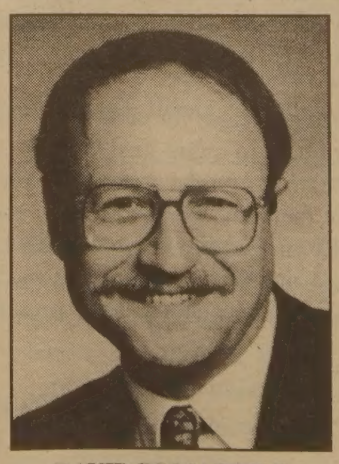
In the wake of the government's decision, Patterson said college officials are "bouncing back to look at a whole series of alternatives." Patterson and members of the Niagara College Foundation, the college's fund-raising arm, were scheduled to meet on Feb. 26 for their annual retreat at which time they would discuss other options.

Patterson said Ernie Eves, Ontario's minister of finance, has indicated another round of SuperBuild funding may be possible.

Like Niagara, Brock had two SuperBuild applications pending approval. The first asked the province for $18 million toward the $25.5-million price tag of a new academic complex to be built at its St. Catharines campus. Brock's other request sought $3 million to purchase the Briarwood campus buildings, in Hamilton, which the university leases.

The $2.9-billion SuperBuild fund was established last fall in order to place all Ontario's capital infrastructure spending under one umbrella — $742 million this year alone. Faced with a predicted 21 per cent increase in enrolment over the next four years, post-secondary education is the first sector to receive funding under this initiative.

Proposals for funding were evaluated against the following four criteria: the number of new student spaces that would be created, demonstrated student demand for the institution and the programming to be offered at the new facility, the amount of private-sector partnership funding in place and the project's potential contribution to long-term, regional economic development.



DAVID DI MARTILE

Board gets new vice-chair

By JOHN ROBBINS
Staff Writer

Niagara College's Board of Governors has a new second-in-command.

Board member David Di Martile, of Fonthill, was chosen vice-chair by board members during the closed-door session of the board's Feb. 17 meeting. He was not present for the meeting.

Di Martile's appointment as vice-chair fills a position vacant since the Dec. 26 death of board member Michael Duffy, 53, of Grimsby, Ont.

He is the regional personnel director for the General Motors Company of Canada, in St. Catharines.

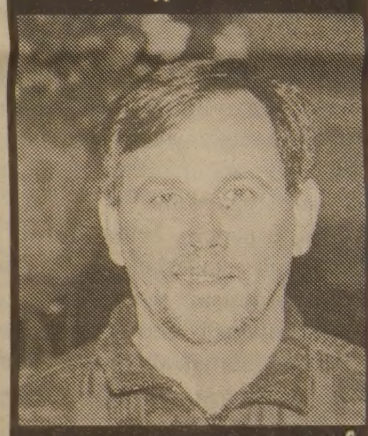
Di Martile's term as vice-chair expires in August.

ACAATO Conference 2000

Niagara News coverage of the *ACAATO Conference 2000* provided by reporters Sam Bayly, Cassandra Simons, Shannon Palomaki, Martin McQuaig, Mike Wencel and John Robbins.

See pages 10-14 for stories and photos.

Can you afford not to . . .



. . . put your trust in safe hands?

- GIC ALTERNATIVES (With 100% Guarantees & no probate fees)
- MORTGAGES (We'll shop for your Best Rate)
- SEVERANCE PKGS/ PENSION TRANSFERS (Pay less TAX with professional advice)
- INHERITANCES, DIVORCE & INSURANCE SETTLEMENTS (Putting your interests first)
- RRSP/RESP TRANSFERS (Let us actively manage your investments)

Call Today For Your

FREE GIC ALTERNATIVES REPORT

GREG LIDSTONE
Financial Advisor
905-374-7608
http://www.afpwmi.com
e-mail: lidstone@vaxxine.com

AFP WEALTH MANAGEMENT
Member of ING Group

EDITORIAL

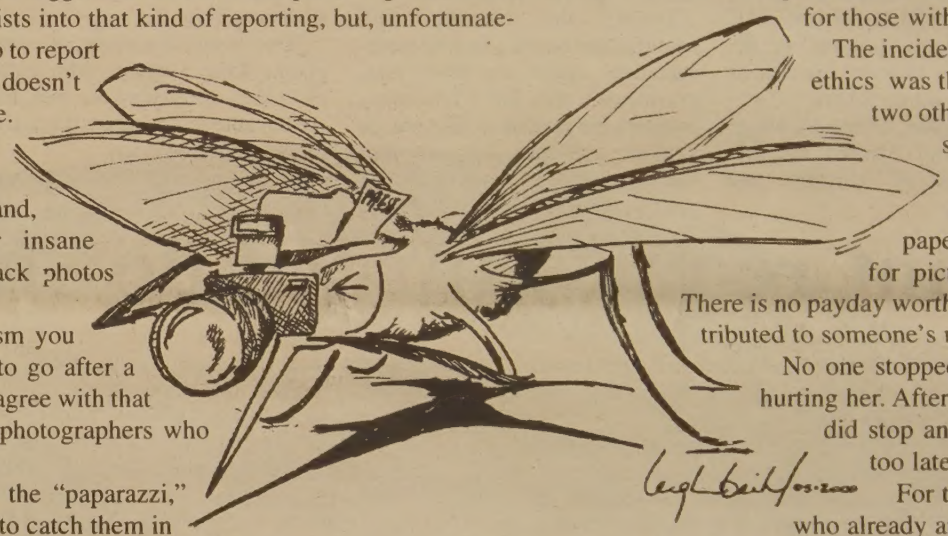
The Niagara News is a practical lab for the Journalism-Print program, covering the college community and other areas of interest.
Opinions expressed are not necessarily those of the management of the Niagara News or the administration of
Niagara College. P.O. Box 1005, 300 Woodlawn Rd., Welland, Ont. L3B 5S2
Phone (905) 735-2211 / 641-2252 / 374-7454 / FAX (905) 736-6005
Editor: Miranda Hubbs; **Associate Editor:** Jason Vizbulis; **Assistant Editor:** Natsuko Tamura;
Publisher: Leo Tiberi, director, Communications and Information Technology;
Managing Editor: Phyllis Barnatt, co-ordinator Journalism-Print program;
Associate Managing Editor: Gary Erb, professor Journalism-Print program;
Editorial Consultant: Nancy Geddie, professor Journalism-Print program;
Advertising Manager: Ron Tufts, advertising professor; **Advertising-Account Manager:** VBS Advertising, Ron Crowley;
Advertising Design: Ron Crowley, Shannon Mastaler;
Photography Consultant: Jhim Burwell, photography instructor; **Photography Crew Editor:** Robert Lapensee;
Film Processing: Matt Holley, Mary Kotsopoulos, Jason Vizbulis;
Contact Sheets: Shannon Mastaler, Jenn Atanas, Jamie McIntosh, Tracy Allison;
Scanning Crew: Jen Mago, Vicki Hartlen, Lisa Taft.

Journalism ethics up for discussion

Journalism has taken a beating around the world in recent years.

The reason is the ever-growing tabloid industry. These magazines or newspapers feature mostly untrue or extremely exaggerated stories about public figures.

It is not fair to group all journalists into that kind of reporting, but, unfortunately, it happens. It is a journalist's job to report on what affects the public, but this doesn't include a public figure's private life.



People seem to think it is their business to know what goes on in a public figure's private life, and, because of this, papers offer insane amounts of money for sneak-attack photos and stories.

If you want to go into journalism you have to be objective and willing to go after a story no matter what the subject. I agree with that but there are some reporters and photographers who go one step too far.

These people, better known as the "paparazzi," practically stalk their prey hoping to catch them in a compromising or embarrassing situation, and for what? Money.

"Journalism" and "ethics" sound funny in the same sentence because when you think of journalism you think news. Unfortunately, the line between news and gossip has been severely distorted and journalistic ethics have come into question. For example, consider the Royal Family. Every day of their lives is written about. Granted, they are a public family, but they are also people and what goes on in their private lives is really no one's business. It is purely gossip for those with nothing else better to do.

The incident that focused the questioning of journalistic ethics was the car accident that killed Princess Diana and two others. Diana was followed every day for no reason other than to catch her with her boyfriend. Some say she was hounded by the media literally to death. At the time of her death, papers were offering rather large sums of money for pictures of her. Their greed cost her her life. There is no payday worth having if you live with the fact that you contributed to someone's misfortune.

No one stopped to think about how she felt or how it was hurting her. After Diana's death, members of the media finally did stop and examine what they were doing. Too little, too late.

For those who want to be a journalist, and those who already are, what I'm saying is take a look at what you are writing before you print. Then ask yourselves — is it really newsworthy?

Miranda Hubbs

Not all athletes are million-dollar morons

It seems people like to hype the negative aspect of athletes. It's not hard to do with million-dollar morons who have egos the size of the Empire State Building. However, if you look more closely and want to find them, there are plenty of positive stories of athletes who play for the love of the game.

Trent McCleary, of the National Hockey League's Montreal Canadiens, is a prime example. He had his larynx crushed when attempting to block a shot. He would have died that day without emergency surgery to allow him to breathe. He continues to rehab trying to get back in the game. When asked if he would change his style of play he said he couldn't — it's the only style he knew.

McCleary, knowing the team was shaken by the incident, sent a handwritten message with a joke on it telling the team, if they won the next game, there would be $500 in it for them.

Then there is the story of Jim Morris. Last season he was a 35-year-old rookie relief pitcher for the Tampa Bay Devil Rays. For the previous 10 years he has been a high school teacher and the baseball coach. He had hurt his arm when he was younger, ending his dream of playing big league ball, or so he thought.

While pitching batting practice, his students were having increasing trouble making contact with the ball. His players told him to go to a pro try-out camp. Not taking their comments seriously, he told his team, if they won the city championship, he would give it try.

At the camp the Devil Rays' scouts couldn't believe what they saw as the radar gun registered his pitches at more than 90 miles an hour. They told him to come back the next day and do it again. He did and got a pro-contract, unheard of for an athlete over 30 with no pro experience.

He made his major league debut last September and is in camp this spring fighting for a job. I think we need more Jim Morrises in this world.

Locally, there's the Niagara College men's volleyball team. They won the provincial championship for the first time and the right to go to Alberta to play in the nationals.

During the opening banquet the guest speaker had messages for each team. His message to our men was you're going to lose so try hard to return next year.

The men kept their mouths closed and settled the matter on the court. They didn't win, but they did beat two teams ranked above them and finished fourth. Not bad for a first attempt and it certainly doesn't qualify as "getting your butt kicked."

For every athlete who's a wife-beating drunk, a double murderer or a crack addict, there are numerous others with good stories, positive stories that present not only good athletes but good people.

Jason Vizbulis

CAMPUS COVERAGE

Career Day Job Fair at Glendale campus

By MATT HOLLEY
Staff Writer

Niagara College hosted Human Resources Development Canada's (HRDC) 11th annual Job Fair and Career Day on Feb. 29.

The fair was held at the Glendale campus and attracted a crowd of about 2,200 job seekers and 95 exhibitors from across the Niagara Region.

Christine Drobnich, co-operative education consultant, said this year's fair was the most successful one to date.

Niagara College, along with other businesses and services throughout the region, is a member of the Job Fair and Career Day Committee. The committee acts in partnership with HRDC to organize and present such events.

Drobnich said this was the first time this event had taken place at the college. Last year's fair was held at the Ramada Inn.

"We wanted to try a bigger venue and needed more space," said Drobnich about the committee's choice to have the fair at the college.

Those looking for jobs were invited to wander throughout the rows of exhibitors and speak with employers.

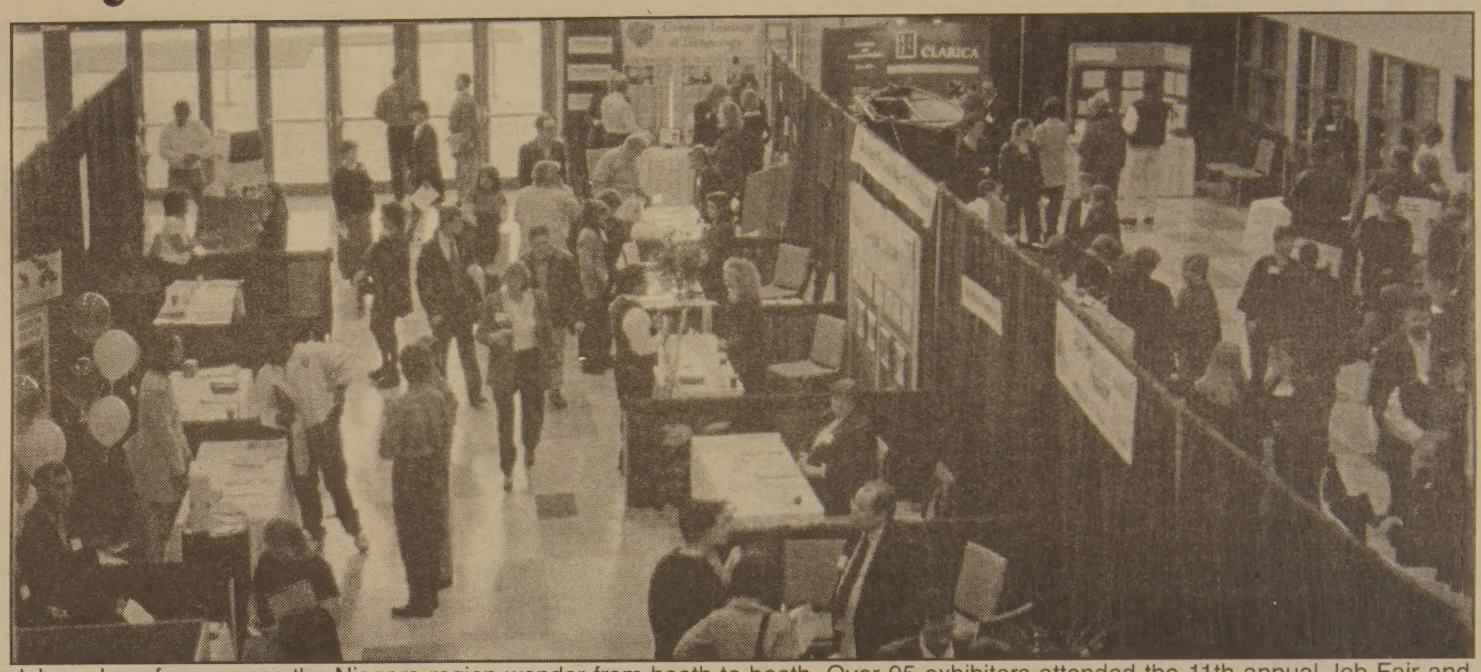
"We've had an excellent day," said Peggy Koudjis, of the Career School of Hairstyling in St. Catharines. She said the school attends the fair every year and often receives positive feedback from fairgoers.

Donna Rose, representing Weedtech Environmentaal Lawn Care, said her company often targets college and university people.

She said Weedtech hasn't seen much interest from students in the Horticulture programs.

"We would like a hort student, but we haven't had much success finding one," Rose said.

As well as the job fair, employment seekers were invited to attend seminars and improve their résumés at workshops. Shuttle buses were available throughout the Niagara Region, and parking was also available. The entire event was free of charge.



Job seekers from across the Niagara region wander from booth to booth. Over 95 exhibitors attended the 11th annual Job Fair and Career Day at the Glendale campus in Niagara-on-the-Lake.

Photo by Matt Holley

Letters to the Editor

Setting the record straight

Dear Editor:

On behalf of the Student Administrative Council, I want to clarify a couple of statements attributed to me in the Feb. 11 edition of Niagara News.

The article entitled "Renovations will attract new students" suggested that the addition to the Student Centre in Welland would be partially financed by the college. While the college is supportive of the expansion and has offered to consult on the project's design, the entire cost of the project will be borne by the Student Administrative Council.

Secondly, the deferred maintenance schedule for the Welland campus Student Centre calls for a $37,000 a year deferred maintenance reserve amount and not $370,000, as suggested by the article.

Thank you for the opportunity to clarify these two matters. We look forward to working with Niagara News to announce and promote the opening of the new facility.

David Seto
Vice-president Campus Events
Student Administrative Council

Niagara College wins Trillium Awards

Dear Editor:

Please join me in congratulating our Marketing and Communications team for winning two awards of excellence in February.

Each year, the College Committee of Advancement, in conjunction with the Association of Colleges of Applied Arts and Technology of Ontario, presents the Trillium Awards to colleges for outstanding achievement in public relations, marketing and communications.

The Niagara College Career Guide won the Full-time Calendar category, and "About Niagara" — a college profile piece — won in the External Publications category.

Hats off to Judy Willems, Maggie Sadler, Bob Roach, Pat Knechtel, Cathy Gilmore and to Chris Blake, former director of Marketing and Communications, who all contributed to the success of these two publications.

While the career guide project was led by Marketing and Communications, I know that program co-ordinators and others from across the college also contributed to its success. These Trillium Awards reflect great teamwork, and are ones in which we can all take pride.

Dan Patterson
Niagara College president

Your voice or opinion is welcome in our Letters to the Editor section.

Our policy regarding letter submissions is this: All letters must be received on the Friday one week prior to publication. Each letter must include the writer's name, college identification number and program of study. All letters must be signed and include a day and evening telephone number for verification use only. Letters can be mailed or brought to the Niagara News newsroom, Room S212, Simcoe Building, Welland Campus.

Appreciation for Hospitality Career Fair help

Dear Editor:

I am writing to thank everyone — students, faculty and staff — who was involved with, and participated in, the Hospitality Career Fair at the Maid of the Mist Centre (MMC) on Feb. 10.

To the students who participated, I want to let you know that the employers who attended were very impressed with you. You received high marks (on exit surveys) for being so presentable and driven.

I would also like to thank the staff and faculty of the MMC for their support and hard work in making the day a huge success. I'd also like to thank Jessica Grundy and Joanne Vankerrebroek (the co-op students who assisted in planning the event) for their long hours and incredible dedication to the project.

I'd also like to extend an invitation to all students and alumni of Niagara College and Brock University to Career Fair 2000. It will take place between 10 a.m. and 3 p.m. at the Glendale campus in Niagara-on-the-Lake on March 15. It will be an excellent opportunity to meet with more than 60 employers from Niagara and beyond. Please feel free to contact Employment Services at the college (Career Services at Brock) for more information.

Sincerely,

Tim Foster
Special Event Co-ordinator
Employment Services

ADVERTISING RULES

The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by the portion of the advertisement in which the error occurred. This applies whether such error is due to the negligence of its servants or otherwise.There shall be no liability for non-insertions of any advertisement beyond the amount paid for such advertisement.All advertisers are asked to check their advertisements after first insertion. We accept responsibility for only one incorrect insertion unless notified immediately after publication. Errors, which do not lessen the value of the advertisement, are not eligible for corrections by a make-good advertisement. There shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. We reserve the right to edit, revise, classify or reject any advertisement.

COMMUNITY INVOLVEMENT

Just walking will help to make a difference

Walkathon will raise money to help fight a dangerous disease

By MIKE DILTS
Staff Writer

Let's get off the couch and go for a walk.

On April 16 at 9 a.m. the Super Cities Walk will continue the battle against multiple sclerosis (MS).

Zehr's, The Welland Tribune and other corporations sponsor the event. The walk, preceded by a breakfast, will start and end at Merritt Island in Welland, and will be followed by a barbecue.

"Canada has a real high rate for MS," said Joanne Sabourin, a co-chairperson for the Super Cities Walk. "The money we help raise from this walkathon goes to those people and for research, so people should come out and help a good cause."

Each participant can choose from two different routes: a five-kilometre route and 10-kilometre route.

'If you want to help a good cause..., it's a good cause, and we really, really need the help'

Participants can win an assortment of prizes depending upon how much money each participant raises.

Twenty-seven communities are involved in the Super Cities Walk across Ontario, including St. Catharines, Orangeville, Oakville and Collingwood.

Sabourin said the walk raised over $38,000 with over 400 participants last year, so this year she hopes they will raise over $40,000 and have over 500 people.

"The more money we raise, the more we can help out people with multiple sclerosis," said Sabourin. "We can get better equipment and medication for those who need it."

Multiple sclerosis is a neurological condition affecting more than 50,000 Canadians. One person is diagnosed with MS every day.

To register for the walk, call 1-888-U-ACT-4-MS or 1-888-822-8467. People can also register for volunteer work for the walkathon.

'The money we help raise from this walkathon goes to those people and for research, so people should come out and help a good cause.'

"If you want to help a good cause, whether you want to walk or volunteer, it's a good cause and we really, really need the help," said Sabourin. "All you have to do is call the MS Society and they will provide all the information you need."

Joanne Sabourin with picture of her mother Norma and father Edward Charlebois. Norma is 66 and has had multiple sclerosis for 12 years.

Photo by Mike Dilts

Students' fund-raising

By VICKI HARTLEN
Staff Writer

March marks the month of fund-raisers for the Human Relations program at Niagara College.

"There are six student groups of between four to six students who created the fund-raising events and chose the charities they wanted them to benefit," said Donna Conradi, co-ordinator of the Human Relations program.

'It's a learning process. They create their own individual targets.'

The students are in their fourth term of the Human Relations program at the Welland campus.

Some of the planned fund-raisers include a warm clothes collection for the Out of the Cold program in Welland, a Camp Trillium break the balloon campaign, a Big Brothers ticket raffle for prizes and a March of Dimes raffle.

"The majority of students enjoy the fund-raisers," said Conradi.

Creating the fund-raisers is a course requirement for the students, but is intended to help them work in teams and toward a common goal.

"It's a learning process. They create their own individual targets," said Conradi, adding the expectations are that this term will see more money raised and more charities helped than ever before.

FIND
YOURSELF
IN THE RESERVE

Here's an opportunity to meet someone with depth and knowledge you may not have had the privilege of knowing before. Yourself. In the Reserve, you discover more of what you're made of by mastering new challenges. You work selected evenings and weekends, meet people with similar interests, learn with hands-on experience, and earn part-time income. Find your true potential. Join in!

The Royal Hamilton Light Infantry Regiment
Now hiring for challenging summer employment.
200 James Street North, Hamilton, ON
(905) 972-4011 or 1-800-856-8488

www.dnd.ca

CANADIAN FORCES RESERVE

YOUR PRIDE. YOUR FUTURE. YOUR MOVE.

Silvestri running for SAC president

By JENNIFER ATANAS
Staff Writer

A lot of patience mixed with an upbeat personality, understanding and competence is needed as Student Administrative Council (SAC) president.

One who possesses these qualities — Jon Silvestri, a 20-year-old first-year Business Administration — Accounting program student, of Welland — said he's eagerly anticipating his SAC 2000 election campaign, which began the week of Feb. 21.

He said he thinks running for SAC is a "very good learning experience," adding it's important he "improves the quality of student life" at Glendale's Niagara-on-the-Lake campus, not only for himself but also for the rest of the students.

"There are issues in certain areas of student life that need to be addressed so that the learning experience at this campus will be more enjoyable."

Silvestri said he's going to try to put forth his best efforts to "accomplish, maintain and exceed" his daily duties.

Keeping his mind focused on his course load and studies is of "great importance" to him at the present time while he is planning for the future election, he said.

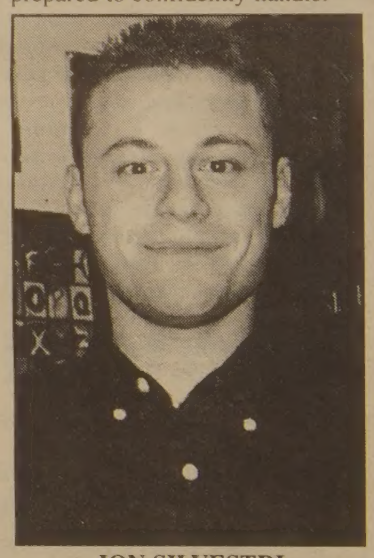
Silvestri said he sees his program as being "really versatile in almost any industry" and beneficial when preparing for possible career vocations.

"I am enjoying the new things I am learning about business. Great success can be achieved if you do the readings and attend classes regularly."

Willing to give this election his all, he said he looks forward to everything it has to offer.

"I try not to let the things I have no control over bother me. I believe nothing can make you happy or unhappy without your consent."

With his strong beliefs, Silvestri said he sees the SAC 2000 elections as a challenge which he's prepared to confidently handle.



JON SILVESTRI

Judges feeling heat in St. Catharines

By SHANNON PALOMAKI
Staff Writer

Feelin' Hot! Hot! Hot! at The Red Hot Chili Pepper in St. Catharines.

The Kidney Foundation of Canada — Niagara District held its annual Media/Celebrity Chili Cookoff on Feb. 27 and succeeded in having its largest turn-out ever, according to Helen Armstrong, development co-ordinator.

Sponsors from previous years were asked to sponsor the Foundation once again. Beano from Shopper's Drug Mart, fabric covered with pigs for place mats from Calhouns Creations and wooden spoons from Details, Details were some of the donations made towards the event.

Hours before the event, labels were laid out, balloons were filled throughout the restaurant and banners stretched across the walls advertising where the media/celebrity chefs and judges were from.

As celebrities arrived, the chili pots were brought into the kitchen of the restaurant and left to heat until all chefs and judges were ready. The chili dishes were judged on taste, texture and heat.

Debi Weibe, from the St. Catharines Standard, prepared for the cookoff dressed in a fireman's outfit.

Tim Voros, from CJRN, was the winner of the event. After the winner was announced, bowls of chili were handed out for a small donation towards the foundation.

About $240 in donations from the audience, chefs and judges were made towards the foundation.

The annual event was to kickoff the foundation's March Drive when canvassers knock on doors to raise money for the foundation. They are hoping to raise more than $140,000 this year.

For more information on volunteering for The Kidney Foundation of Canada, please contact Armstrong at 641-8771.

HEALTH AND WELLBEING

New relief for osteoporosis sufferers

By MANDI SPEELMAN
Staff Writer

It's referred to as the "Silent Thief" and accounts for more deaths than breast and ovarian cancers combined.

Osteoporosis is a bone-thinning disease that affects 1.4 million Canadians. About a million are women and about 400,000 are men.

Those that have the disease can suffer from spinal deformity, digestive problems and hip fractures, which are frequent among the elderly with the disease.

Health Canada has approved Miacalcin NS (naturally occurring hormone calcitonin), the first nasal spray treatment for osteoporotic women at least five years into their menopause.

"Men are more protected from osteoporosis because they have a high bone mass," says Dr. Aliya Khan, director of the Oakville Bone Centre and associate clinical professor of medicine at McMaster University in Hamilton, Ont.

Women can lose up to 30 per cent of bone mass in the first five years following menopause.

Results of the Prevent Recurrence of Osteoporotic Fractures study, involving over 1,200 women over five years, show Miacalcin NS nasal spray reduced the incidence of new spinal fractures in post menopausal women with osteoporosis by 36 per cent.

Those using the treatment spray it up one nostril one day and up the other nostril the next day. It "rapidly" absorbs through the blood vessels of the nose and into the blood stream.

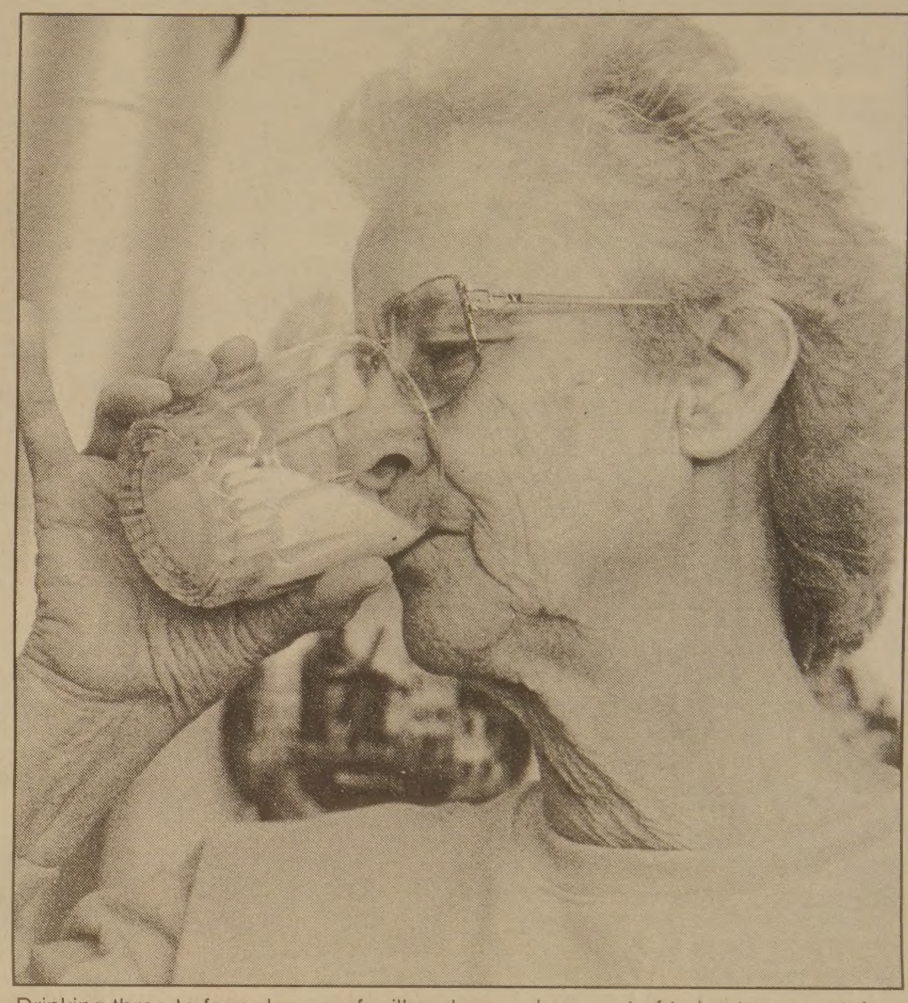
The most common side effects reported were dryness, redness, itching or bleeding of the nose.

"It's easy to administer and to carry around. I have no side effects," says Edith Milne, 78, of Mississauga.

Milne says she had known she had osteoporosis for about six years and has been instructed to take Miacalcin NS for five weeks.

Since she has been taking the treatment, she's not experiencing "quite as much pain and not as much exhaustion."

Osteoporosis-related fractures strike Canadians every nine minutes.



Drinking three to four glasses of milk a day can be a part of trying to prevent the bone-disease osteoporosis.

Photo by Mandi Speelman

Khan says 98 per cent of hospital cases involve long-term care while two per cent are diagnosed and treated as out-patients.

"The government should focus more on preventing and diagnosing the disease so that they don't have to spend so much on the cost of patients in hospitals with osteoporosis," Khan says.

Only two drugs are covered under the Ontario drug benefit program for osteoporosis. They are Didrocal and hormone replacement pills.

Osteoporosis isn't caused by other diseases but can lead to the cause of other diseases. Men and women with kidney disease have an increased osteoporosis risk, because of a decrease in serum levels of vitamin D, and resulting decrease in calcium absorption.

'They (young people) think 'it can't happen to me.' Well, I know some people who are 46 years old and are suffering far worse than I am with the disease.'
— Edith Milne

Prevention should be started at an early age for everybody.

"They (young people) think 'it can't happen to me.' Well, I know some people who are 46 years old and are suffering far worse than I am with the disease," says Milne.

Khan advises people not to smoke and to limit alcohol consumption. People who drink heavily tend to have impaired calcium absorption.

"Drinking a lot of soda pop, which contains phosphate, reduces the availability of calcium."

She adds, people who want to prevent the disease should exercise and eat foods with calcium, such as ice cream and yogurt or drink a minimum of three to four glasses of milk daily.

"You should be taking at least 1,000 milligrams of calcium a day."

Don't be illusioned by mirrors

By MANDI SPEELMAN
Staff Writer
Column

Ban all mirrors.

They can either give us comfort while making our hair look perfect before going to work or they can give us grief, when we see the area of cellulite that suddenly appeared as we put on that dress that looked good before we ate those fries at lunch.

I say mirrors should be only for the strong and not the weak. They're for those who are willing to face the fact that the image they see isn't going to be some kind of illusion, making them look like a god or goddess. For those who pray they'd hear they are the fairest of them all, it's never going to happen. Even if it did, we are so critical of ourselves anyway, we'd never believe it.

Our compulsion to constantly look in the mirror, striving to look perfect, will make us more obsessed about our looks.

We'll never be happy with the way we look, so why bother?

Compact mirrors, mirrors in the car, mirrors in the elevator. Yes, we are reminded of what we look like every moment of the day. We have the choice not to look, but how many people are constantly saying in the back of their minds, "I wonder if I have something on my face?"

Some people say we should take a look at ourselves every now and then to remind ourselves of what we look like and accept what we see. Tell that to the people who put on their makeup every second they have the chance, or to the people who check the back of their pants to see if they sat in anything at lunch time.

We need to accept that we are a little paranoid about getting caught without makeup in public.

I think if we did have mirrors, then for goodness' sake let them tell the truth. For example, in clothing stores, we slowly walk towards the dressing room, crossing our fingers as we begin to put on the article of clothing. The lighting perfectly enhances every curve. "Is this mirror weaving its magical illusion, or is reality doing me some justice?"

It's very rare finding the same image of our bodies in another mirror at another store. What was once a skinny body in one mirror that puts a smile on our face has now changed to a wider body that makes us vow we shall never look in another mirror again . . . for the time being.

We will truly not know our body shape. Different mirrors show us many different images. Friends squirm at the question "how do I look?" since it's a matter of life or death if they really told us what they thought.

I'm not saying we should ban all mirrors. The man-made object has its uses. Having them in our car is helpful for us to see who is behind us . . . and to check if we have anything between our teeth.

If you're going to make the leap and look at yourself in the mirror, then make sure there's a good reason to look at yourself. Otherwise, you'll always find some flaw that will nag you and nag you until you have the urge to look at yourself again.

Anne's Hair Salon
For a quality Affordable Hair Cut Call
892-8144
To book an appointment today

Don't Be *Pushed* into Abortion
TAKE CONTROL . . . CHOOSE LIFE
Your complete resource centre on Pro-Life
• Books • Audio Tapes & Presentation Kits avail.
• Videos • Brochures
St. Catharines *RIGHT TO LIFE* Inc.
110 Geneva St., St. Catharines 684-7505

CAREER FAIR 2000
Join Niagara College and Brock University in St. Catharines for Career Fair 2000 at the college's Glendale Campus, in Niagara-on-the-Lake, Wednesday, March 15.
A shuttle bus service will be available from the Welland Campus, Maid of the Mist Centre in Niagara Falls, and Brock University to and from the Glendale Campus.
All students are welcome!
For more information call 735-2211 Ext. 7778

PROFILES

Fitness competitor well on her way to top

By MARY KOTSOPOULOS
Staff Writer

When watching fitness competitions on television, you may wonder how the competitors prepare for such an event. I had the chance to experience weeks of a "behind the scenes" look at a competitor this year and her preparations for each competition.

I sat down with Helen Tourountzas, of St. Catharines, after watching her practice at several fitness studios for her competitions. Last year when we spoke, she had just started her career in this field as an aerobics instructor and was attending school for esthetics. She has managed to add one more activity to her life: competing.

"I've added just one more thing to it. I'm preparing for a fitness competition in July. That's my next goal."

There are many competitions held throughout Canada starting in May. Competitors may attend all events.

"I'm going to concentrate on just a couple to start off with this year, competing in different categories. Some categories are less strenuous than others are. I'm thinking maybe two competitions."

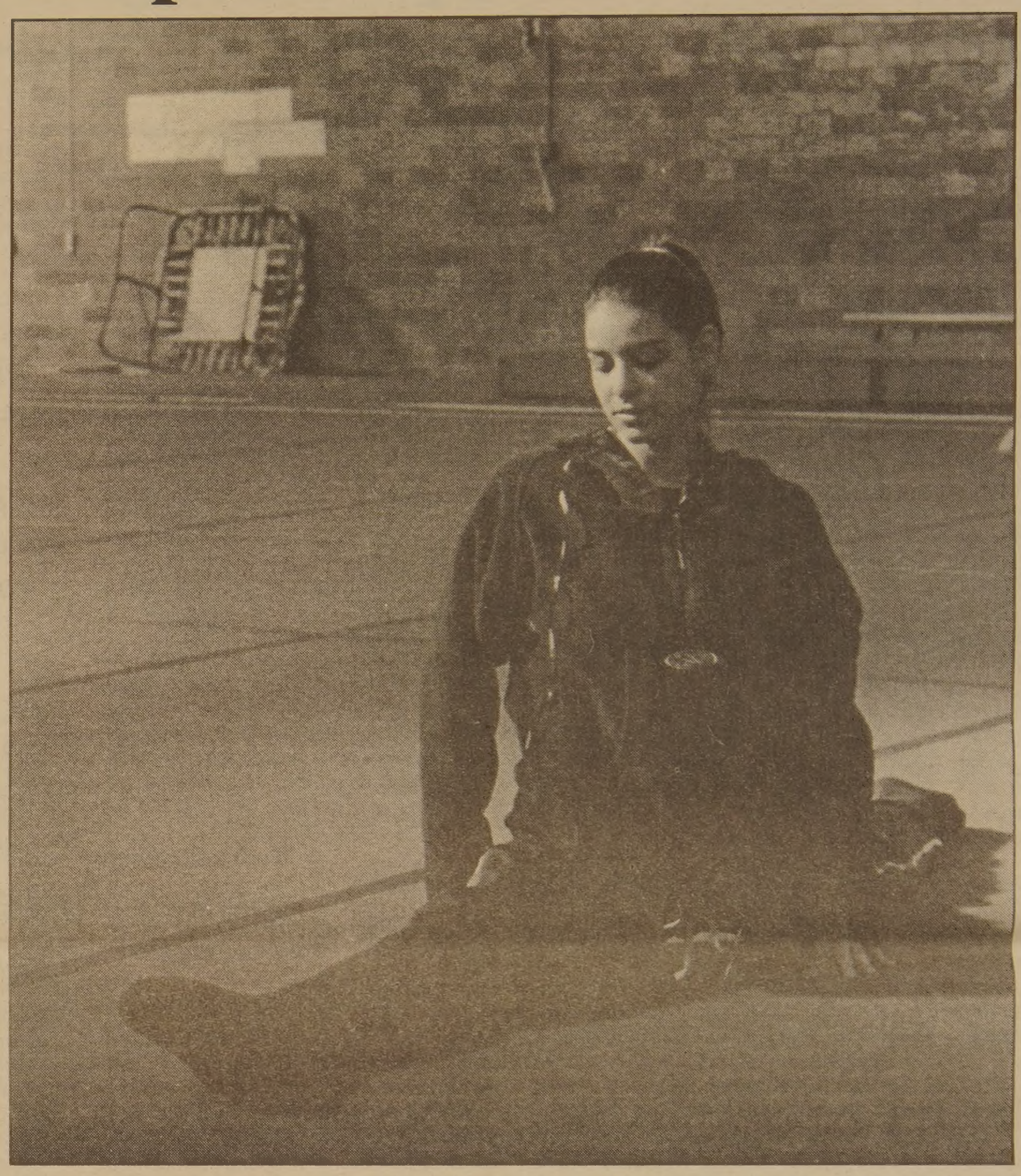
Of the many competitions being held in various locations, one is in St. Catharines. People who want to watch a competition are invited to attend as many as they wish, although there is a fee.

"One is on May 27 at Brock University. Anybody can come to watch. The cost is between $15 and $20. It depends on where it's being held. The first is May 27 and the second competition is in July. Those are regional competitions."

At a fitness competition, there are four categories: fitness model search, figure, bodybuilding and fitness.

"I'm competing in the fitness category. In this category there are three rounds. There is a symmetry round that looks at your body and the way it is proportioned. Now, in order to get that look, you have to do weight training. The fitness round involves strength moves (and) flexibility, and you can incorporate any background you have, like dancing, gymnastics or an aerobics routine.

"The third round is gownwear. The top 10 that make the fitness and swimsuit round go on to the gown round. In this round a final question is asked by the judges."



Helen Tourountzas practicing at Lightning Gymnastics in Niagara Falls for her upcoming fitness competitions.

Photo by Mary Kotsopoulos

Tourountzas works out at several studios with coaches to help her achieve the look that judges are looking for at competitions.

"For competitions like this, I do gymnastics twice a week with a coach. This helps me with my fitness routine. The weight training helps me with my swimwear round."

Neutron Sports from Oshawa holds these competitions. The international competition will be held this year in Las Vegas.

"If you place in first to fifth place at the regionals, you then go on to the National Competition in September held in Toronto. If you place first, second or third at the nationals, you then go off to international level in the States."

Neutron Sports is well known for drug-free competitors.

"You get tested for drugs before the competition and if you get placed, they check you right after. We have to pay $55 for the drug testing. For the competitions, the entry fees are between $45 and $65."

Eight to 10 people, on average, enter the regional competitions in Canada. In the United States it is *much higher. Cash prizes and tro-*phies are awarded to first-, second- and third-place winners. The winner receives $35,000 at the international competition in Las Vegas.

Many fitness gurus have different suggestions to motivate themselves or other people to work out with. Tourountzas has one.

"Motivation. I motivate myself by watching previous competitions, like gymnastics on television. This gets me into it. But when it comes down to it, you have to do it for yourself. You know that the benefits are something you want to see in yourself."

Field hockey player learns that teamwork is key

By SHANNON MASTALER
Staff Writer

Past and future, field hockey will always be a part of her life.

Melissa Konat, 20, of Mississauga, Ont., played field hockey for three years because she "really enjoyed it."

Konat is in her second year in the Recreation and Leisure Services program at Niagara College.

"I played for the Port Credit Warriors, my high school team," said Konat. "During my first and second year, I was on the cheerleading team in my school, but then it got cancelled because we had no coach. My friends and I decided to go for field hockey because it was a different sport."

Konat's team won the Peel Regional championships and was second in Ontario during 1996 and 1997.

"I enjoyed it. I loved it because of team spirit," said Konat. "I love playing as a team. I love the togetherness of it. As we all trained together, we all became closer. By the end of the year, I knew what we had to do to get a goal."

She said she learned the keys to teamwork as the team acquired skills.

Konat said she "likes the sport so much" because she loves having control of the ball. "It's constant movement. You always have your eye on the ball. You have to be aware of others and what's going on around you."

She said, "You get to the point where you have to learn to predict where your team players are going to be and what they're going to do."

Konat said she learned not to totally rely on others to help her accomplish something. "Obviously, it's a team effort that everyone does together, but you personally have to know what you're doing."

She said her "best memory" is playing in Caledon East, Ont., in 1997. "It was a huge snowstorm. They had to shovel the field so we could play on it. It was a mess. People were sliding around, breaking bones, falling." She said she remembers being so focused, she didn't realize her "fingers were falling off."

"It was so stressful. We couldn't run and we couldn't hear. It's my best memory because that day showed how committed we were to the game. It was a great team effort."

She said although her team didn't win, she still considers it a "good game."

Konat said she hopes to play the game again after college. "If they had a team here, I would be playing in a second. It will always be a part of my life."

Melissa Konat remembers what field hockey means to her, as she hopes for nice weather so she can play again this summer.

Photo by Shannon Mastaler

PROFILES

Life experiences help student

By SHANNON DEARY
Staff Writer

Klara Longhouse, 35, of Jordan, Ont., a first-year student enrolled in the Police Foundations program, says it's time to think of herself.

"I've always wanted to be a police officer, but I thought I would start with my family first. My kids are older now, so I thought now it's time for me to pursue my career."

Longhouse was married at age 21 and decided to focus on her family first. She has two daughters, Nicole, 13, and Melissa, 11.

She looked into the program's requirements and started to prepare for the testing. The first time, she received superior ratings on the physical testing. The police force requires applicants to wait one year before rewriting any test if a score is less than the required 299 points.

"I thought I would be productive with my time, so I applied to Niagara College for the Police Foundations program." She said she started preparing herself through volunteer work.

"I am a volunteer driver for Family and Children Services, a friendly visitor for the Alzheimer's Society, and on the Parent Council Committee."

Longhouse was part of the Y2K team with the Niagara Regional Police Service (NRP) as part of her program's field placement. She had to go through an interview process with Sgt. David Jastrubecki and officer David Kukoly and was chosen along with two other classmates.

She said the room they used to set up for Y2K was "really interesting." She described it as having three computers, four fax machines, a television set to see what was happening around the world, and a table for the police members associated with the Y2K. That team included Grant Waddell, chief of police, the local head of the RCMP Intelligence team and others.

Three weeks before Dec. 31, she began putting information into the computer, including who would be contacted in emergencies. A pre-run was conducted a few days before Jan. 1, with each station being tested at different times. She said everything ran "smoothly."

"I was introduced to everybody when I started and they all seemed very nice. They were told who I was and where I was from. They made me feel welcome and glad to be part of their team."

As for the program, she said a few classes could be "more police oriented" and some classes seem "quite general." However, "the workload is not excessive by any means."

"My fellow classmates are all young, but they make me feel welcome. They think it's great that at my age I can come back to school to start my career."

Longhouse said that through the college she's met a lot of influential officers and finds most teachers are helpful in offering advice.

"I think they prepare us in showing respect."

She said Gino Arcaro, co-ordinator of the School of Justice Police Foundations and Law and Security Administration program, always addresses everyone as Mr. or Mrs. or Ms.

"That's the way it is out on the police force also. Unfortunately, a lot of young people today are losing that respect."

Longhouse said most of her jobs have involved relating to the public.

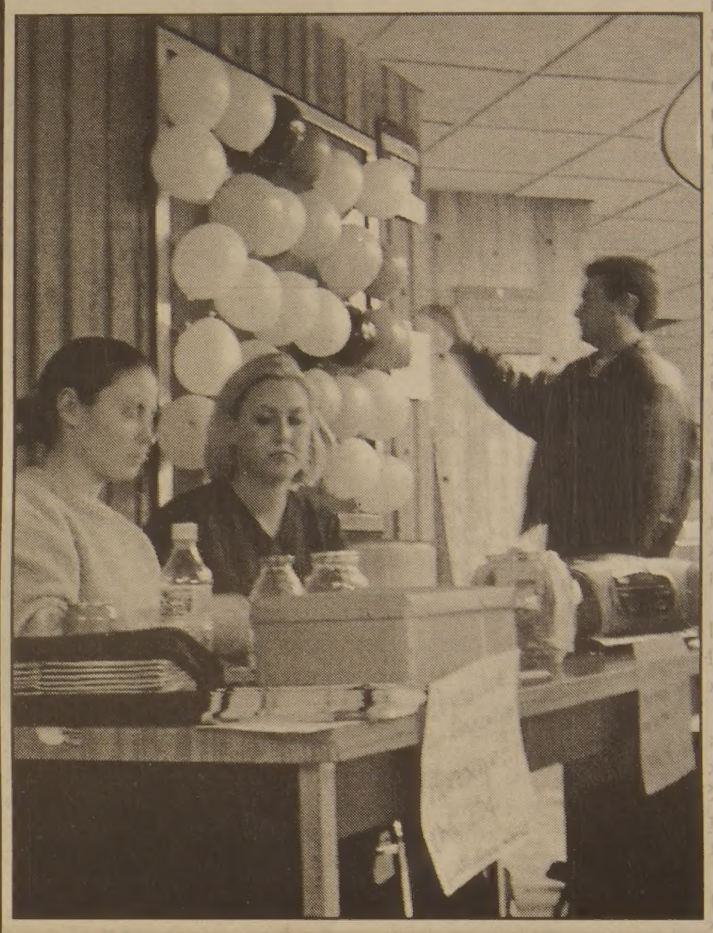
"I've been there. I've experienced the 'real world' at different levels and I've related with a lot of different people."

Besides her challenge entering the police force, Longhouse said she golfs a lot and belongs to an equestrian hunt club. She said she enjoys playing baseball and has an ice hockey pond across the street from her home.

She said she plans to write her exam again this year and, if she is successful, would "definitely" apply to the NRP.

"Being older I feel more confident in myself, in my abilities, dealing with people, and having more life experience. It may not be the life experience of a police officer, but everything I've learned and everything I learn now through my own kids is a big help."

Fund-raiser for kids



From the left, Jen Doyle and Lisa Skuce are both second-year Human Relations program students. The Human Relations students held a fund-raiser for Camp Trillium on Feb. 23.

Photo by Cassandra Simons

A road trip to the nation's capital

A group of second-year Journalism-Print program students spent four days of last week's reading week visiting various sites in Ottawa. Tara Purpura, of Fort Erie, snaps a photograph of the group in front of the Parliament Buildings. The focus of the trip was the age of photography.

Submitted photo

ACAATO

Partnerships an important business for colleges

By MARTIN McQUAIG
Staff Writer

Partnerships between the private sector and Ontario's 25 applied arts and technology colleges are more important now than ever before.

In his speech at this year's Association of Colleges of Applied Arts and Technology in Ontario (ACAATO) conference, IBM Canada President and chief executive officer John D. Wetmore highlighted the need for mutual partnerships with colleges and universities.

"Technology is facilitating partnerships like never before," said Wetmore, whose company has partnerships with 10 Ontario colleges.

The IBM Corporation employs 17,624 employees in 88 facilities in Canada. In 1999, 22 per cent of new employees were graduates of the college system, an increase from 1997.

Wetmore said, "Colleges are an important source of employees for us," adding that the value of their business is in the people they hire and retain.

Partnerships provide IBM an opportunity to train and retrain its employees. Wetmore said these partnerships allow IBM to leverage its concerns with the concerns of the colleges. The partnerships are not a donation, but are based on a mutual business relationship, he added.

John D. Wetmore, IBM Canada president and chief executive officer, was a guest speaker at this year's ACAATO conference at the Sheraton Fallsview Hotel in Niagara Falls on Feb. 21. He spoke about the importance of partnerships between the private and public sectors.

Photo by Martin McQuaig

> *'Technology is facilitating partnerships like never before.'*
> *— John D. Wetmore*

E-business solutions are "front and centre" at IBM, said Wetmore, who has been with the company since 1973.

Wetmore said the partnerships between the private and public sectors need leadership and a good communication process with "out of the box thinking" as an important perspective. The challenge, he added, is not so much where the money comes from, but where the ideas come from. The ability for companies in the rapidly changing world of pervasive and deep computing to retrain their employees is important, he said.

"Without taking risks you won't be as successful as you need to be . . . ," said Wetmore.

Glenna Carr, chair of Sheridan College's board of governors, said partnerships between the private and public sector mean shared risk and shared reward. She said, colleges are "uniquely well-positioned at this time" for partnerships, and to supply good candidates for applied research.

"We have an opportunity with the charter to become a grown-up partner with the private sector," said Carr.

"The charter must require different parameters for government, so that colleges can provide partnerships."

Niagara College's Vice-president Academic Bonnie Rose said partnerships are a very important part of how Niagara College does business. She said the partnerships help students gain access to technology they'll be working with in the future.

The General Motors Ventures division, the Niagara Regional Police partnership, and the Centre for Integrated Manufacturing Training and Applied Research are examples of partnerships at Niagara, said Rose.

Wetmore said he "jumped at the opportunity" to speak at this year's ACAATO conference and added the college system performs a vital role in the development of skilled employees for his company.

Sipping coffee while surfing Net Café's Internet Services

By CASSANDRA SIMONS
Staff Writer

Café anyone?

The Association of Colleges of Applied Arts and Technology of Ontario (ACAATO) conference held at the Sheraton Fallsview Hotel in Niagara Falls, on Feb. 20 and 21, offered attendees the use of an Internet Café during their stay at the hotel.

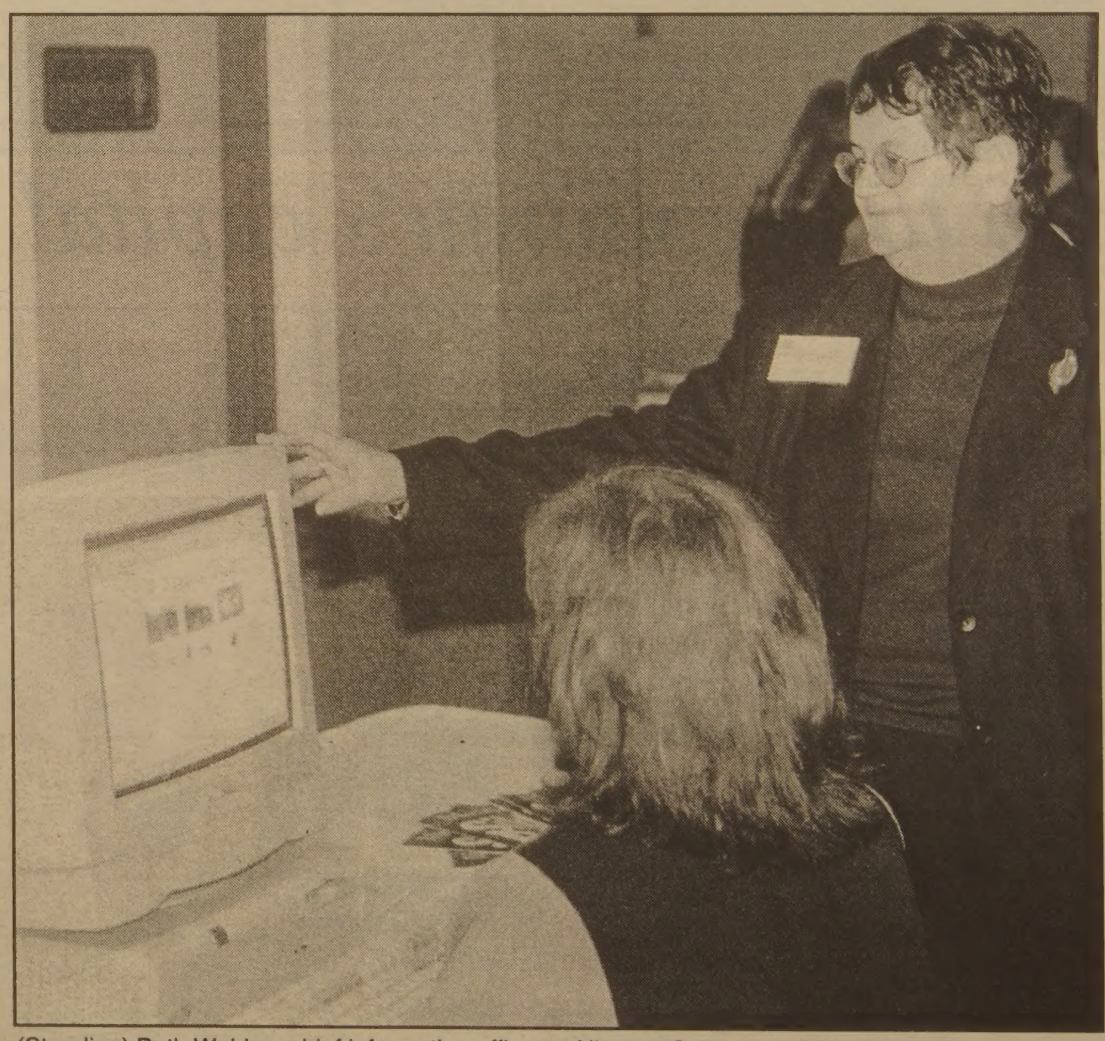
The café was provided in conjunction with the hotel, Niagara College, ACAATO, Dell Computers, Ontario Colleges Application Services (OCAS) and ONET. Beth Weldon, chief information officer at Niagara College, said ACAATO asked the college if it would be interested in putting on the Internet Café.

OCAS was eager to show its Web site and what could be done on it, as were all of the other sponsors, she said.

"It was kind of a win all over situation."

ONET Internet service provides services for Niagara College, as well as many other colleges, Weldon said.

Integrated Services Digital Network (ISDN) lines were installed into the hotel, and the college brought equipment to plug in everything, she said. ISDN is a digital telephone service that works over copper telephone wiring. ISDN lines are not available to everyone, as one must be within a given distance of the telephone company equipment that services in the area, typically 18,000 feet.



(Standing) Beth Weldon, chief information officer at Niagara College, and Maggie Sadler, project coordinator — marketing and communications (seated), surf the Net at the Internet Café during the Association of Colleges of Applied Arts and Technology of Ontario annual conference, Feb. 20 and 21 at the Sheraton Fallsview Hotel and Convention Centre, Niagara Falls. Ten computer stations were donated by Dell Computers for the event.

Photo by John Robbins

There were 10 computer stations at $700 per station but Dell donated the machines for conference purposes, she explained.

The Sheraton Fallsview Hotel worked on the café by laying out the lines and providing security.

"We've worked on this for about a month and a half," she said, adding, Laura Vanclieaf, network architect, and Vince Chiarelli, network administrator helped out.

"They both worked very hard, doing test runs and packing everything up."

She said Chiarelli went to the hotel every morning to check on the café.

"The performance of everything is reflective of the college."

She said the hardest part of bringing the café to the conference was the "logistics" of making sure everything was taken to the hotel at the same time.

"On the surface it looks so easy but it's not. It's easier in the hotel than it would be in the college though."

She explained, by bringing the Internet Café to the conference, it impresses on everyone that "this is the big time."

"We've heard really positive comments on the Internet Café because not only can people read their e-mail, but it's also being used for background on the conference, OCAS and the college."

She said she believes the Internet Café was a good idea because "not everybody has the time or the chance to play" with the Internet so while people attended the conference they were given that chance.

ACAATO

A chip off the ol' block

Ross Navarro, 45, owner of Ross Navarro Culinary Sculptures in Niagara Falls, carves out a sculpture of a fish from a block of ice during the Association of Colleges of Applied Arts and Technology of Ontario gala dinner held at the Glendale campus in Niagara-on-the-Lake on Feb. 20.

Photo by Sam Bayly

New charter proposed

By JOHN ROBBINS
Staff Writer

When former premier Bill Davis, then education minister, first introduced legislation in 1965 to create what are now known as colleges of applied arts and technology, no one could have foreseen how their original mandate would evolve.

On Feb. 20 and 21, 2000, representatives of Ontario's 25 college's community colleges met to work out the details of the first substantial changes to the way colleges are governed in 35 years.

Colleges, said Davis, were to fill the void in post-secondary education and training that existed between high school and university. They would have to meet the growing demands for practical "skills" training and accommodate the ever-increasing number of adults returning to school.

As such, colleges were designed to be more flexible, accessible and affordable than their degree-granting counterparts.

Unlike universities, however, colleges were not to enjoy the same level of autonomy. The Council of Regents (CoR) was established as an agent of the government to help oversee the administration of colleges, and later to negotiate collective bargaining agreements on their behalf. Tuition was regulated by the province, as was the purchase and lease of land and property. Colleges could not operate in a deficit without getting ministerial approval. With most of their operating revenue received through government funding, they were, and remain, Crown corporations.

Demand for college programs exceeded all expectations. Full-time enrolments, only 11,400 students in 1967, had increased fourfold to 67,000 students by 1977. By 1995 had reached 135,880 students. Add to this nearly 500,000 part-time students, and it quickly became clear to those administering the system, colleges were exceeding capacity.

Costs, too, were going up even as governments were slowly reigning in public expenditures to all publicly funded institutions. The cost of keeping up with technological advances, particularly the widespread introduction of computers to business and industry, outpaced increases in revenue.

While colleges looked for new sources of income, their efforts were challenged by competition from private, post-secondary vocational schools (who offer the same diploma credential) and limited by the "restrictions" imposed upon these public entities in their charter documents.

In 1985, even the government itself had come to realize that for colleges to survive and grow, changes would have to be made to how colleges are run — and by whom. They appointed Walter Pitman, then executive director of the Ontario Arts Council, to head a commission on college governance. Pitman's final report recommended sweeping changes to the existing system, including giving more decision-making power to local college boards of governors, eliminating the CoR and establishing a new Advisory Council on Colleges.

In the end, few of Pitman's recommendations were ever implemented. However, the forces of change that influenced his conclusions continued. Over the next decade and a half, college administrators and board members continued to lobby the government, and, in the last several years, have worked to draft their own revised governing charter for colleges.

The draft charter goes beyond the Pitman report and has three central themes: increased authority for local college boards, more institutional flexibility and the power to grant credentials other than diplomas. It calls for applied degrees, further deregulation of tuition rates and some as of yet unspecified model for local collective bargaining. These changes, the charter's authors say, would give college boards and administrators the "tool-kit" they need to survive and thrive in the ever more competitive environment of post-secondary education.

While the Ontario Public Service Employees Union, which represents the colleges' faculty and support staffs, has come out with a position paper criticizing the draft charter, the charter itself has received little public attention.

The draft charter may be presented to the minister of training, colleges and universities as early as this spring.

Skilled artists needed, says artistic director

By CASSANDRA SIMONS
Staff Writer

The essence of art is humans, said Christopher Newton, artistic director of the Shaw Festival.

"Art has something to do with human beings — we can agree upon that — but is it conscious?"

Newton spoke on the essence of art during the conference of the Association of Colleges of Applied Arts and Technology of Ontario, on Feb. 21, at The Sheraton Fallsview Hotel.

Colleges aren't providing communities with enough trained artists since theatre programs have been cancelled in some colleges. Communities are suffering and "this industry must be supplied with skilled workers."

Newton described most of the drama advertisements on television as not being art.

"What is shown on television is innocuous.

"Art should aspire to achieve a more profound view of what is being seen.

"Is it art if no one sees?"

Newton gave two ideas of interest to conference attendees: taste and identity.

"Taste is not usually tasteful."

He emphasized that taste must be encouraged, tested and praised for the right reasons, in the same way as talent is encouraged.

"It seems to me it is the familiarity to great art that requires taste."

He said the application of art is sometimes distorted by being distasteful.

He explained he believes people are born with taste, "just as someone is born being able to play music, like the piano."

"Identity is inferred, by and large, by art."

He recalled driving south in 1959 and making "several detours," because, he said, to him all of the detours had identity.

Newton plans to retire from the Shaw Festival in 2002 and is writing a book.

He said if one misses the patterns of life and art, one will have forgotten family members.

"If we don't know ourselves and can't see ourselves at different stages in our lives, how do we know we exist?"

From left: Christopher Blake, executive director of the Niagara College Foundation, Christopher Newton, artistic director of the Shaw Festival, Colleen Blake, managing director of the Shaw Festival, and Dan Patterson, president of Niagara College. Newton was one of four keynote speakers at this year's ACAATO Conference 2000, hosted by Niagara College.

Photo by John Robbins

ACAATO 2000 25th Anniversary

Photos by Sam Bayly and Shannon Palomaki

Diane Cunningham (above left), minister of training, colleges and universities, presents Beverly Thompson, a graduate of Seneca College, with an award for being nominated for the Premier's Awards. The ceremony was held at the Sheraton Fallsview Hotel on Feb. 21.

Prior to the dinner at the Glendale campus, guests sampled local wines and played games of chance. Their winnings were pooled at each dinner table and used to bid on donated prizes.

The gala dinner held at the Glendale campus in Niagara-on-the-Lake was prepared entirely by Niagara College students.

The Internet Café, located inside the Sheraton Fallsview Hotel in Niagara Falls, gave guests a chance to learn about ACAATO, its members and those involved in the conference.

ACAATO

Jazz ensemble entertains at collegial conference

The Glendale campus in Niagara-on-the-Lake hosts gala dinner on Feb. 20

By CASSANDRA SIMONS
Staff Writer

A local quartet played jazz for a gala dinner at Niagara College's Glendale campus in Niagara-on-the-Lake on Feb. 20.

The Tom Reid Quartet was without its drummer, who was away for a musical audition at McGill University, in Montreal, said Christine Bougie, the quartet's electric guitarist.

The quartet also played at Niagara College for the Glendale campus's opening and for the graduation ceremonies last year.

'When our music instructor asked for jazz players, we went for it.'
— Jordan Laurino

Jordan Laurino, (right), Christine Bougie, (centre), and Jake Zapotoczny, all 18, and members of The Tom Reid Quartet entertain at Niagara College's Glendale campus for the Association of Colleges of Applied Arts and Technology of Ontario on Feb. 21.

Photo by Shannon Palomaki

Bougie, 18, graduated from St. Catharines Collegiate in January. She said she started playing the guitar, piano, drums and bass guitar when she was about 12 years old.

She said she wants nothing more than "to be a musician for my career."

She said she'd like to study at Hamburg College, in New York, in the music program there.

"Getting albums done and working with other musicians" are her goals, she said.

"I like the jazz mentality, but my favourite (type of music) is more soul, but I do love jazz."

She said the band members are paid $50 each, "unless we play for a long time. Then we'd get more."

Jake Zapotoczny handles the keyboards for the quartet. He said he's been playing piano since he was in Grade 11 when he started playing jazz.

Zapotoczny, 18, is taking his Ontario Academic Certificate at St. Catharines Collegiate.

He said when he started playing jazz he found that "playing piano could be kind of cool . . . I don't like to play just one type of music. That's boring."

Zapotoczny explained he'd like to go further in his music career by attending Fanshawe College, in London, Ont., for recording and engineering.

"That doesn't mean I want to do less playing and more recording. It just means learning new things. I'd kind of like to do everything, including writing scores for screenplays."

Bass player, Jordan Laurino, 18, said he's been playing bass guitar for five years with the quartet.

Laurino, in Grade 12 at St. Catharines Collegiate, said he was one of four people who started the quartet after their music instructor said the school needed some jazz musicians.

"When our music instructor asked for jazz players, we went for it. Then we just got comfortable playing jazz."

He said he started playing piano when he was six, "but I couldn't play, so I gave it up."

He said he likes playing jazz music because he feels jazz gives musicians more freedom.

Laurino said he doesn't know what school he wants to attend when he finishes high school, "but I want to go somewhere I can learn to be a massage therapist."

'I like the jazz, mentality, but my favourite (type of music) is more soul, but I do love jazz.'
— Christine Bougie

"I don't ever want to give up playing music, but it'll be more of a side bar."

The three members of the Tom Reid Quartet said they all enjoyed playing for Niagara College and will play "gigs" for the college anytime they are asked.

ACAATO conference 'ran smoothly' on Feb. 20, 21

Experienced management makes the conference run smoothly

By CASSANDRA SIMONS
Staff Writer

Preparation for conferences takes co-ordination, communication and planning among hotel staff and conference organizers, said Kelly White.

White, assistant conference services manager at the Sheraton Fallsview Hotel, in Niagara Falls, said she wasn't part of the planning for the Association of Colleges of Applied Arts and Technology of Ontario (ACAATO) conference, but she joined for the "hands-on part."

As part of the event preparation, White said she must meet with a committee to determine what needs to be done, how big the conference is going to be, and where meetings and sessions will be held in the hotel.

Sheraton
HOTELS & RESORTS

"Sometimes you have to deal with people who've never done a conference before and are green at what they're doing."

She explained, once the contract between the hotel and the conference's contact person becomes definite, the hotel must be sure there are the proper number of rooms available. The food and beverages for dinners and lunches must also be budgeted properly, she said.

The hotel has to be prepared for the number of days the conference is planned for, the time of year it'll be held and adequate staff, she explained.

"For this conference we have three managers, 14 banquet staff and four porters on." She said her job is to make sure everything is "running smoothly" because "every part of the hotel is being used."

The ACAATO conference, held on Feb. 20 and 21, ran smoothly, White said, explaining that there was one incident where miscommunication occurred, but "we've been in the business for many years, (so) we know how to handle any problems."

College president thanks staff and students for ACAATO

Dear Editor:

To all faculty and staff:

I would like to take this opportunity to thank and acknowledge the hard work and commitment of college staff and students whose dedicated efforts over many weeks and months ensured the overwhelming success of the largest Association of Colleges of Applied Arts and Technology of Ontario (ACAATO) conference ever held.

As host college for this year's event, we did an outstanding job and left an indelible impression on the 400 plus conference delegates who came to Niagara from colleges across the province.

Feedback to the gala dinner we hosted at the Glendale campus in Niagara-on-the-Lake Feb. 20 has been incredibly positive and deservedly so. The event featured the work and talents of staff, faculty and students from a variety of program areas, including Special Events Management, Public Relations, Culinary Arts, Hospitality and Tourism, Horticulture, and the Casino Careers program of Continuing Education.

At the risk of omitting the names of those who deserved to be acknowledged for their contribution to the success of the conference I wish to thank the following individuals for their dedicated and excellent work: David Veres, Sandra Plavinskis, Peggy Chapados, Nancy Geddie, J. Mark Hand, Peter Thompstone, Jim Thomson, Tom Ball, Mal Woodhouse, Kerry Nichols, Jean Dallaire, Christopher Blake, Liz Palmieri, Isabell McGarry, Judy Willems, Cathy Gilmore, Maggie Sadler and Bob Roach.

These people played central roles in organizing and preparing for the various events and activities associated with the conference.

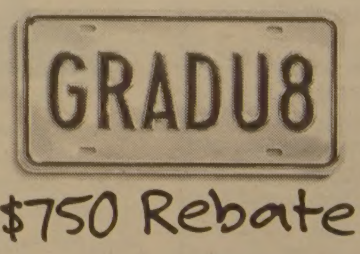
Thanks to their efforts, Niagara College put its best foot forward, once again. It would be difficult to identify a finer demonstration of teamwork. Congratulations to all for a job well done.

Sincerely,
Dan Patterson
Niagara College president

If a $750 rebate
doesn't seem
like much now,
just wait
until you see
your first
paycheque.

2000 CHRYSLER NEON

THE $750 GRAD REBATE You'll need all the help you can get. That's why there's the $750 Grad Rebate. Use it in combination with any other offer to purchase any new Chrysler, Dodge or Jeep vehicle including the completely redesigned 2000 Chrysler Neon. Unfortunately you won't be able to afford to take it anywhere.



$750 Rebate

CHRYSLER
Dodge
Jeep

Only at your neighbourhood Chrysler, Dodge, Jeep® Retailer.

Offer applies to select models excluding Dodge Viper and Plymouth Prowler. Rebate includes GST. Limited time offer applies to university or college graduates between October 1, 1997 and September 30, 2000.

CULTURES

Work visa for international students tricky

By NATSUKO TAMURA
Staff Writer

Restrictions regarding employment are causing international students "tremendous" pressure and anxiety about the future.

At this time of the year, international students going for co-op placement during the summer or hoping to be working after graduation must juggle academic studies with the legal matter of employment authorization in Canada.

Besides the daily stress from schoolwork, non-Canadian students have limited choices of jobs. Unless you're a skilled worker, a self-employed worker, or a holder of high academic degrees, getting a full-time job is a long shot.

Sean Coote, international student adviser at Niagara College, takes care of the red tape for students to ensure they avoid troubles.

That red tape traps you if you aren't careful. Then, it'll be an "irreversible" mistake.

Coote said a co-op visa differs from a work visa. The former allows a student to be working at the program-related workplace for only the co-op period set by the college. That means no matter what your co-op visa says, you're not qualified to continue working when your co-op term ends. After graduation, international students who find a job are entitled to apply for a work visa for one year.

Coote said he's received three phone calls from Immigration Canada asking about former students who are still working under a co-op visa.

'Some people may be working illegally without knowing the restrictions.' — Sean Coote

He said he doesn't want to see students get in trouble and be sent home.

"Some people may be working illegally without knowing the restrictions. If you get caught, you may be forced to leave Canada and you may never be able to come back," said Coote.

SEAN COOTE

If you want to work more than a year, most of the time you need to become an immigrant. Nowadays it's "nearly impossible" to get a work visa issued by a company's support, according to a Web site.

A 20-year-old Japanese student, Ami Ikoma, of the first-year Office Administration — Executive program, is going on co-op placement during the summer.

She said she wants to experience the Canadian workplace, but "in order to stay on the job after the co-op, I should look for a Japanese company, which is mostly tourism-related in the Niagara region.

"I wish we had more alternatives career-wise. We're paying much more tuition than Canadians to attend the college," said Ikoma.

Most students set a goal to get a job in their own countries, using the asset of work experience in Canada as a selling point. Meanwhile, some want to settle in a new country.

Within a year of their working experience, students have to make a decision: to go home or to apply for the immigration status.

'I wish I had more alternatives career-wise. We're paying much more tuition than Canadians.' — Ami Ikoma

When it comes to immigration, it costs money, time, energy, and perhaps a good lawyer, the Web site states.

"Immigration applications are judged by points," said a graduate who was refused her application once.

The evaluation is divided into several categories such as education history, work experience, ability to speak English, status and family sponsors.

If you don't have an overall good background, chances are minimal.

The other kind of work visa available is a one-year working holiday visa, for the following countries: Korea, Japan, the United Kingdom, Ireland, Belgium, New Zealand, Australia and France. It's made for travellers who hope to get a taste of living and working in a different culture.

Pelham celebrates 10th anniversary of the Heritage Showcase

By CRAIG STRATYCHUK
Staff Writer

Despite the snowstorm the night before, a small-town version of a heritage celebration was held at the Pelham Library, on Feb. 19.

The Heritage Showcase is held in Pelham because it is the direct centre of the Niagara region.

The year 2000 marks the 10th anniversary for the Heritage Showcase in Pelham.

Various historical councils were on hand for the event, which completely took over all facilities of the library.

Tony Whelan, of the Niagara Regional Historical Council, put the showcase together. Whelan said 48 different groups were invited to participate, but some cancelled and others stayed home because of the snow.

Whelan refers to the showcase as "my contribution to the heritage circle."

"I prepare the show in about six weeks," says Whelan, adding, for the 10th anniversary, "I wanted to try to make it big."

In the early days of the showcase, Whelan says, the presenters came only with pamphlets and papers. "This year the groups did a good job."

"It's a shame that February is Heritage Month," says Whelan. "It's like playing Russian roulette. I knew I'd get the bullet this year," referring to the snowstorm.

Many groups, such as the Niagara Regional Historical

Council, Federated Women's Institutes of Ontario and The Warm and Wonderful Wool Farm, had tables set up to show what their organizations have to offer to the public.

At the Niagara Regional Historical Council's table there were various historical tools and books from different ages.

Warm and Wonderful Wool Farm was on hand to demonstrate the art of spinning sheep's wool. Many of the presenters were dressed in full period dress.

Fort Erie Native Friendship Centre members performed a friendship dance. The sounds of the Grandmother drum rang out loudly throughout the entire library as the distinct cries of their songs were heard in the background. J.R. Jonathan, dressed in full costume, performed the friendship dance.

A traditional "smudge" ceremony was conducted before the initial beats were played, to cleanse the body of any impurities that were present.

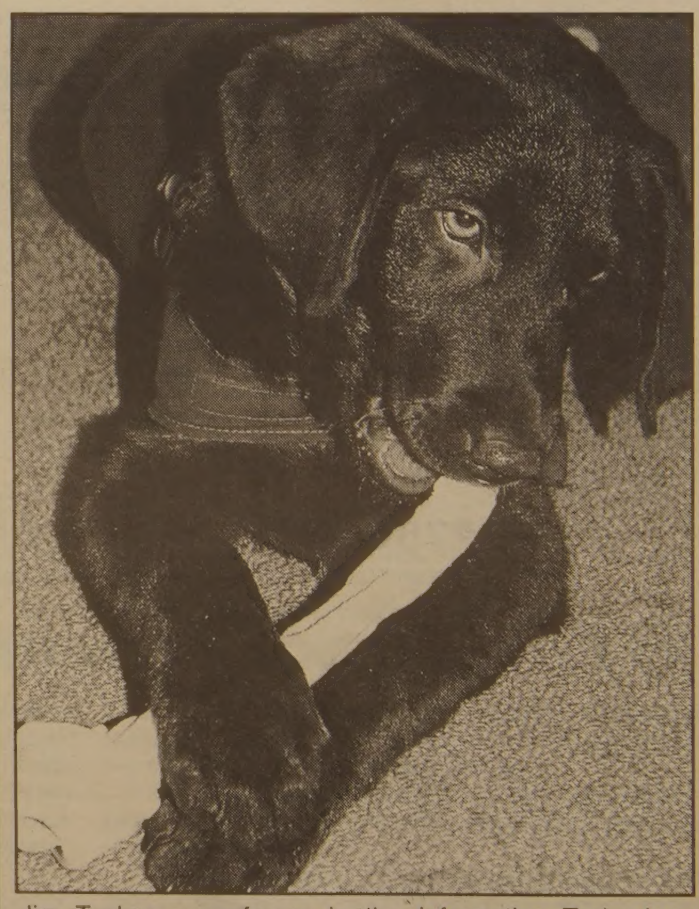
Local politicians attended to give a few words on the event, on the basis "that they would only speak less than 25 words," says Whelan.

Welland-Thorold MPP Peter Kormos says he encourages other communities to "celebrate the success of small-town Ontario."

Pelham Mayor Ralph Beamer welcomed everyone to the showcase and credited the Pelham Library for holding the event.

The Heritage Showcase also offered coffee and donuts served by Arabella's Tea Room, in Port Colborne.

A friend for life



Jim Tucker, a professor in the Information Technology Division at Niagara College, trains guide dogs like this one for the Lions Foundation of Canada. They train dogs for the deaf, blind, and those living with physical and medical disabilities.

Photo by Jennifer Mago

PROFILES

Aboriginal women must speak out — Buffalo

Native women encouraged to voice concerns

By CASSANDRA SIMONS
Staff Writer

Marilyn Buffalo, president of the Native Women's Association Canada, has called on Canada's prime minister to give a "complete apology" for the abuses that occurred to students in reserve schools and to Aboriginal war veterans.

"We're freely giving out land, but we're not getting back what we deserve," she said.

She said Aboriginal people need to stand up for themselves. She feels Aboriginal women are afraid to speak out because "when we do (speak out) nobody listens, nobody cares."

Buffalo, of Ottawa, says her mother told her, when she was younger, if she wanted to become a leader of women she had to become a leader for all things.

Buffalo, mother of six, spoke at the Niagara Chapter of Native Women at St. Paul's Anglican Church, Fort Erie, on Feb. 22.

She told people that even as a young child she felt it was unfair Aboriginal women marrying a non-aboriginal had to leave the reserve, while Aboriginal men marrying non-aboriginal women could bring their wives onto the reserve.

"That was when I realized that we were being brought into the patrilineal, not matrilineal."

She said the two systems, European and Aboriginal, clashed.

"I was assimilated. I was interested in the community, and I wanted to do something about it."

She said she believes her mother, who taught her to read and write, was her best teacher.

She became withdrawn when she was put in school, she said, and while she was in Grade 3 she decided that was enough.

"Somehow I finally found my voice. I started challenging my mother and father, started challenging any authority."

Marilyn Buffalo, president of the Native Women's Association of Canada, speaks before a group at a meeting of the Niagara Chapter of Native Women in Fort Erie, Feb. 22. Buffalo, a mother of six, has travelled across Canada assisting several native reserves.

Photo by Cassandra Simons

She explained that she feels the experiences she had in the first five years of her early development with her great-grandmother and her grandmother are what drive her now.

She was forced to stay in school until she was in Grade 9, "but the schools' mind-set was totally focused on the boys."

Then she ran away — from school and from her father.

Buffalo spent many years travelling and assisting reserves in Northern British Columbia and Alberta, as well as in the Northwest Territories. When she was 21 she went to Yellowknife and started a child care program called A Tree of Peace Development Centre.

She requested $75,000 and, when asked if she needed anything else, explained she needed a building for the centre and a bus to transport the children. She was given everything.

Afterwards, she married and had two children. Moving to Edmonton, Alta., she started a pilot project that is now the School of Native Studies.

"I would never let anyone say no to me."

She said she works with young people because of an incident she recounted. She had a paperboy who was 10 or 11 years old. Every night she'd tell him to deliver the rest of his papers and then return to her place, and she'd feed him.

"I got to know him and was happy that he was being fed."

She said many years later she was standing in an airport when a man tapped her shoulder. It was the same boy. He explained he was working on his PhD.

"That's how valuable you are in the work you do."

The challenge of creating something is that you never allow yourself to say it's your own: "Don't let it be your own empire. Build it good, and then move on. That's why I've ended up where I am."

Buffalo returned to the reserves when she realized that the same people who had taught her were still teaching Aboriginal people.

"So I quickly gathered the women, sat around kitchen tables and told them it was unacceptable that they weren't being trained properly."

The women created their own educational system and developed an adult training school.

"I was such a success, I got fired."

She was rehired two months later as a consultant, "after they realized they didn't know what they were getting into."

She said she took a course on human sexuality and started teaching it in her territory. A lady became upset with her when she turned to the lady and said, "Watch this. I have the ability to get a job anywhere in Canada. You don't," she told the group. She picked up the phone and called Ottawa, she said. "A week later I flew into Ottawa for a job interview."

"It's almost three years now that I've been president. It's been very rewarding. It's been very tough."

Journalist shares experiences with students

Veteran reporter Doug Draper tells students about the importance of proper ethics and code of conduct in journalism

By JOHN ROBBINS
Staff Writer

A reputation is a terrible thing to waste.

That's the message one veteran reporter wanted to share with those whose careers in the profession are just starting.

About 35 second-year students from the college's Journalism-Print program listened as Doug Draper, a former St. Catharines Standard reporter with more than 20 years' experience as a journalist, talked about ethics and professional conduct. Draper continues to practice his craft as a freelance writer, writing for such publications as Pulse, the Buffalo News and the Hamilton Spectator.

"We, as journalists, have to stand up for professional principles, and that can be a tall order."

However, media mergers have resulted in smaller newsroom budgets, he explained, leaving less time and fewer resources available to reporters.

"Today, news organizations are being treated more and more like businesses. If you don't have the resources to go and check out the facts, that's a problem."

Besides hurting a reporter's own reputation, Draper warned students that irresponsible and inaccurate reporting can damage the people and organizations they write about.

"The media has the power to do a tremendous amount of good or a tremendous amount of bad. They can make or break careers and reputations."

While the conduct of journalists is not regulated by government or professional accreditation, as are physicians and lawyers, Draper challenged the students to be "self-regulating" and adopt their own principles for ethical conduct.

He cautioned aspiring journalists about the pitfalls of accepting gifts or joining groups, associations or political parties, making it difficult for them to report the news objectively.

"All you need is for word to get around that you accepted some bottles of wine or free passes to an amusement park from someone you are covering to destroy one of the most important things a journalist has — credibility."

Prizes, discounts show appreciation

Look! Free stuff.

Niagara College's fourth annual Student Appreciation Day is on Thursday, March 16, and it will be "lots of fun," says Lou DiMattio, assistant to the director of student services.

This year there is more involvement and variety because of the "good representation from the college community," adds DiMattio.

There will be a college-wide egg hunt that begins as soon as classes start. Each campus will have its own set of prizes for finding an egg.

The Niagara College Foundation will be offering diploma frames for 20 per cent off at the Welland campus and at the Glendale campus in Niagara-on-the-Lake.

ENTERTAINMENT

Ten Dollars Happier clinches first place

By MARK GARRETT
Staff Writer

They were burning the place up.

After Hours on the Welland campus crammed approximately 400 people through the doors for the third annual Battle of the Bands on Feb 15.

Eleven bands took the stage to show their talent, but only one band emerged at the top of the standings. Ten Dollars Happier, of Welland, came away as the victor.

"It was a lot of fun," says Ten Dollars Happier bassist Tom Nemes, adding, "There was a lot of talent."

The band Famous for Adam grabbed second place, while Welland's own Cumber Hayes clinched third. A tantalizing display, courtesy of the Screamin' Black Cadillacs, came in fourth. The guitarist lit his amplifier on fire and then stomped out the flames in an already hot pub. The band Pimp walked away with fifth place.

Ten Dollars Happier will receive $500 worth of recording time at Prodigy and Resources in St. Catharines and will go to Lee's Palace in Toronto for the regional competition against other Ontario colleges.

The band consists of singer/guitarist Matt Miani, 23, who attends Brock University, bassist Tom Nemes, 23, in the Construction Engineering program at Niagara College and drummer Danny Belanger, 25, a graduate of the Mechanical Engineering program at Niagara College. All members are of Welland.

Nemes and Miani have been playing together since they were 16. Belanger has been playing with the group for "about a year," says Nemes.

"We play steady," says Nemes. They play "a couple of times a week."

"Education is important," but if the music "works out, it works."

Matt Miani (left) and bassist Tom Nemes, members of Ten Dollars Happier, took first place at the Battle of the Bands at After Hours on Feb. 15.

Photo by Leigh Beihl

Third spot went to Cumberhaze
Photo by Leigh Beihl

Fourth place went to the Screamin' Black Cadillacs

Photo by Mark Garrett

PREMIERE MODELS
School • Agency
Courses in:
• Self Improvement
• Professional Modelling
• Runway Modelling
• Dance
CALL FOR A FREE CONSULTATION
646-0166

XXX-rated hypnotist performs at After Hours

XXX Comedy returns to Niagara College

By MARK GARRETT
Staff Writer

You're getting sleepy.

Tony Lee, 30, of London, Ont., hypnotized seven people on stage and mesmerized a crowd of approximately 250 at After Hours on the Welland campus, on Tuesday, Feb. 22.

Lee started the show off with his version of the American national anthem, The Star Spangled Banner, which created a laughing phenomenon that wouldn't stop until he exited the stage.

"It's the only job (at which) I can drink, swear and make fun of people," says Lee.

Through hypnotic suggestion, Lee made his subjects rob the bar, lick whipped cream off each other and pucker up to a big round cheek.

"Niagara has always been good," says Lee. "(After Hours manager) Dave (Rapelje) touches me in a special, secret place to make me want to come back," he says jokingly.

The audience learned what both sexes talk about in the bathrooms, courtesy of Lee. He also made a female (who was under hypnosis) make a phone call from the stage she will probably never live down.

"There's nothing magical about hypnosis," says the Holland native. Lee started hypnosis when he was 16 and was a manager of the Hard Rock Café in Calgary.

Lee "used to teach" the art of hypnosis but "had nothing but nightmares," with his pupils.

Lee is in the midst of making a television show. "The television show will captivate the majority of people" who haven't seen his act.

When not hypnotizing people, Lee and a colleague sell "exotic cars," including Hummers and Lamborghinis on the side.

Anne's Hair Salon
For a quality Affordable Hair Cut Call
892-8144
To book an appointment today

Don't Be *Pushed* into Abortion
TAKE CONTROL . . .
CHOOSE LIFE
Your complete resource centre on Pro-Life
• Books • Audio Tapes & Presentation Kits avail.
• Videos • Brochures
St. Catharines *RIGHT TO LIFE* Inc.
110 Geneva St., St. Catharines 684-7505

XXX-rated hypnotist Tony Lee puts the participants on stage to sleep, but left the crowd in awe at After Hours on the Welland campus on Feb. 22.

Photo by Mark Garrett

Growing Together

ECE students organize play stations for children, parents

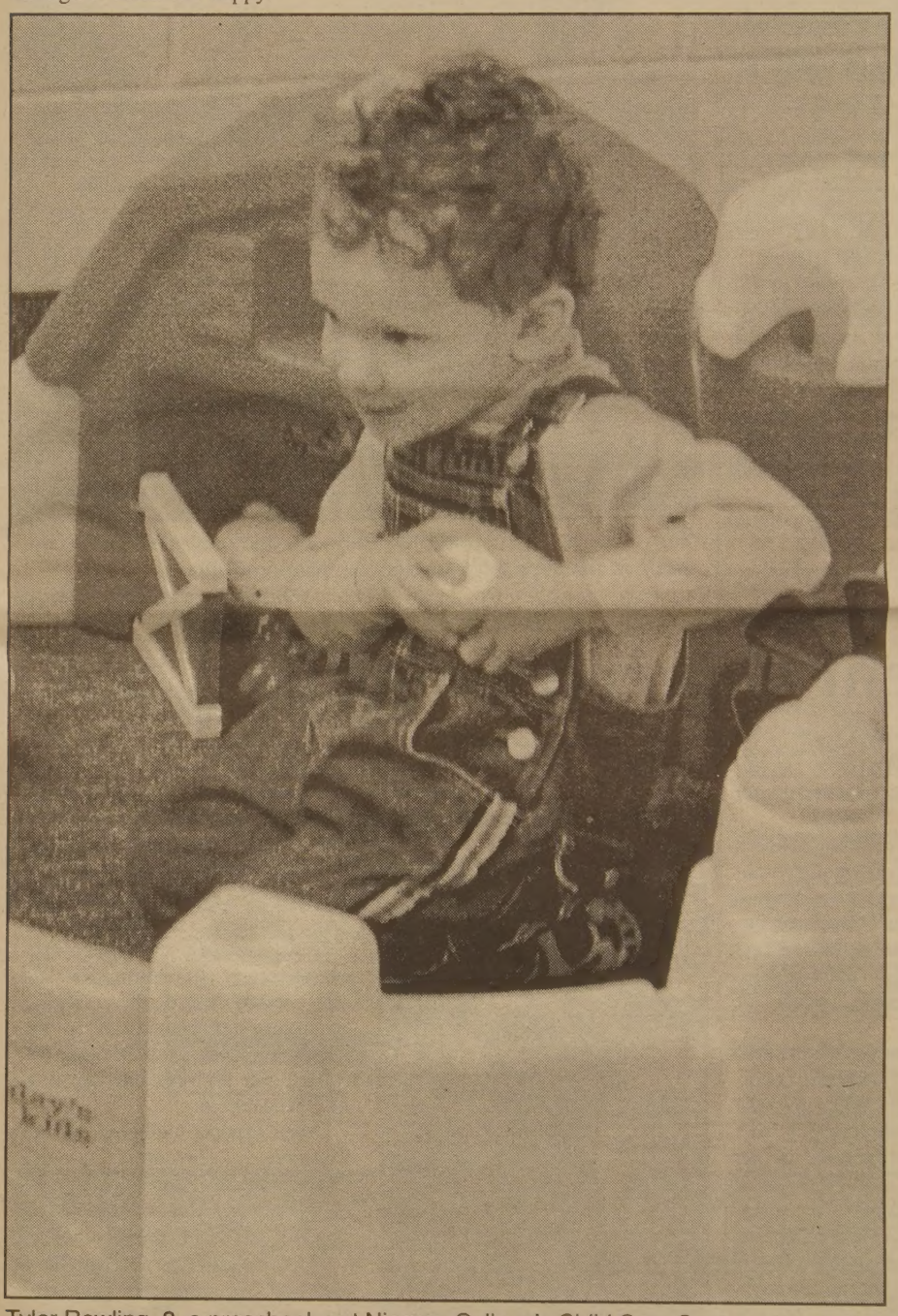
By JAMIE WHITE
Staff Writer

The first week of the new Growing Together program is off to a slow but promising start, say three Early Childhood Education (ECE) students involved in the joint effort with St. Catharines YWCA staff.

The program officially began Feb. 15 as the first night, Feb. 14, was cancelled because of stormy winter weather conditions. It's scheduled to continue until the end of April in room 106 in the Merritt building at Niagara College's Welland campus.

Miranda McCausland, Jodi Breakwell and Kelly Major, all 23, of the ECE program, have spent a lot of time and effort decorating and setting up various play stations for the children.

One mother and child came to the program that first Tuesday, but Breakwell says, it was enough to make her happy.



Tyler Rowling, 3, a preschooler at Niagara College's Child Care Centre, plays in the farm during the Growing Together program on Feb. 15.

Photo by Jamie White

"Even though only one showed up, we felt successful."

The trio say having the one child come will encourage "word of mouth" advertising.

In an effort to "boost" interest in Growing Together, they'll be dropping flyers into people's mailboxes around the community and posting advertising on various stores' community boards.

The ECE students say each week is dedicated to a specific theme. The first week was Welcome Week. A friendship week, dinosaur week, and under the sea week are next to come.

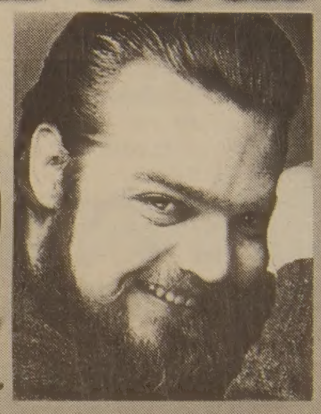
Each evening, during the program, crafts and snacks are provided, with one evening a week slated for music and movement and gross-motor activities.

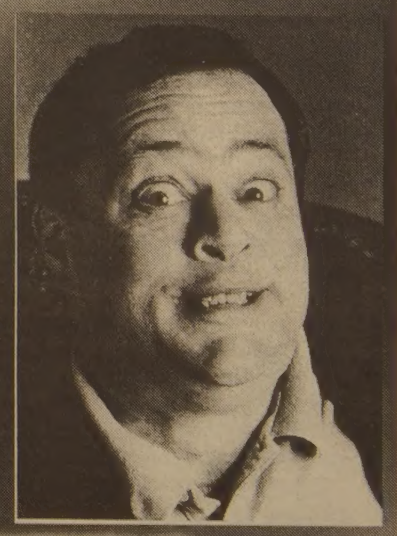
"We hope we've created a warm, welcoming environment where kids can be kids and parents can be kids, too," says McCausland.

"I hope we can encourage more people to come out and join in," says Major.

The students are planning a graduation at the end of the last week of the program, in April. The specific date of the graduation has not yet been determined. They are planning to make certificates, hand out achievement awards and give small gifts to the children.

The program will be closed from March 13 to 18, as this is a break week for the students running the program.

AFTER HOURS
your campus pub....
Yuk Yuk's In March
March is our best line up of the year
WED MARCH 15th
The Return of XXX STAND-UP
with B.J. Woodbury
"The King Kong of Canadian Blue Humour"

WED MARCH 22nd

Sean Tweedley
"The Walk on Guy"
From The Mike Bullard Show
with Lawrence Morganstern
WED MARCH 29nd
Larry Horowitz
"Winner of the T.V. Show Search for America's Funniest Person"
with David Merry

PUB NITES
EVERY THURSDAY

INTERNATIONAL

Taekwondo master teaching Canadians

By NATSUKO TAMURA
Staff Writer

Master Son is dedicated to teaching Taekwondo in Canada, where people are not much exposed to the Korean-born martial art.

Won Son, 30, originally from Korea, settled in Canada a few months ago and opened his own Taekwondo school in Niagara Falls in January.

A smell of brand new fixtures still lingers in the tranquil, clean Taekwondo academy, which is located in the two units inside the small community plaza on Drummond Road.

Taekwondo, which literally means "Tae" (kick), "Kwon" (hand), "Do" (way of utilization), is the Korean martial art of self-defence and has over 2,000 years of history.

Taekwondo is "set apart from other martial arts by its unique, powerful kicking technique."

Almost all Korean children learn Taekwondo and it's mandatory in the military, said Son, though a translator, Brad Park, 26, of Niagara Falls.

He said it can be seen from two aspects — traditional style and competition style — and competitors are classified into eight divisions of weights.

To be a competitor, you require about 1 1/2 years of basic training, said Son, a sixth-degree black belt instructor.

Meanwhile, there are different kinds of exercises, he said, so "everyone can join in Taekwondo."

The training includes techniques in self-defence, breaking and breathing, World Taekwondo Federation forms and meditation.

He has 25 students from a wide range of ages.

Son said children gain "self-discipline and confidence, positive attitudes and habits, concentration and (the) ability to overcome peer pressures and relations" through the training. It's also beneficial for weight loss.

Son was a member of the national professional team in Korea from 1996 to 1998.

On average, pros withdraw from the top positions at age 26. It needs a great deal of stamina and concentration, said Son.

"Rather than any other sports, such as baseball or soccer, (one's) lifetime (at the top levels) is shorter."

After retiring from the national team, he chose to educate others in order to use his skills and experiences.

Taekwondo is receiving worldwide attention as it will, for the first time, be introduced as a competitive sport at the 2000 Olympic Games in Sydney, Australia, attention that is "very exciting," he said.

Compared with its acceptance the United States, the public's recognition of Taekwondo in Canada is lower, said Son.

Clad in a white uniform with a black belt, he said he's planning to launch an annual worldwide Taekwondo championship in the name of Niagara.

He was motivated to come to Canada when he got a good impression of this country while visiting Halifax in 1997 for a demonstration of Taekwondo.

He was first attracted to the world of Taekwondo at age 10. He's the winner of the 12th Europe International Taekwondo Championship and of the Third Myanmar Open Taekwondo Championship.

As well, in 1998, he coached the U.S. team in Colorado.

For more information, contact Won Son Academy at (905) 357-7770 or e-mail bradkpark@hotmail.com.

Won Son, 30, (right) and Brad Park, 26, demonstrate kicking technique at the Won Son Academy in Niagara Falls.
Photo by Natsuko Tamura

Niagara College joins environmental group

By MATT HOLLEY
Staff Writer

Niagara College has joined the Audubon Co-operative Sanctuary System of Canada (ACSSC).

The ACSSC is an international organization created to aid landowners in preserving, restoring, and enhancing the environmental conditions of their property. The Audubon Co-operative Sanctuary System (ACSS) is an international organization and the ACSSC is the Canadian branch. Niagara College's Glendale campus has completed the first step toward the goal as a fully certified member.

"The first step is to register with the Audubon (ACSSC)," said John Howard, manager of Campus Development for the Environment, Horticulture and Agribusiness Division. He added the ACSSC then sent the campus its registration questionnaire.

"A big piece of it (questionnaire) is you have to take an inventory of what you've got," said Howard. "And let them (ACSSC) know what size of property you're dealing with, how much of it is maintained properly, and how much are you going to turn back to a natural state."

Another part of the inventory plan is to look at the levels of waste, and energy usage, Howard said.

After the initial registration package is completed, the ACSSC sends the college a resource inventory and environmental plan package. Within this package are questions pertaining to qualifications to become a certified member.

It is up to those applying to the ACSSC to take an inventory of native flora and fauna around the area.

Howard said this part of the questionnaire is time consuming, but added the students in the Environmental Studies programs have already started an inventory of native flora species and to an extent the native wildlife as well.

"There's a yellow-spotted salamander, a very rare amphibian, which was actually spotted here at the base of the escarpment."

Once the Resource Inventory and Environmental Plan package is finished, certification can take up to three years.

Student aids college with ACSSC

By MATT HOLLEY
Staff Writer

Adrian Howard is hard at work for Niagara College.

Howard, 24, of Fonthill, has been preparing a list of different environmental aspects in order for Niagara College's Glendale campus in Niagara-on-the-Lake to achieve certification from the Audubon Co-operative Sanctuary System of Canada (ACSSC).

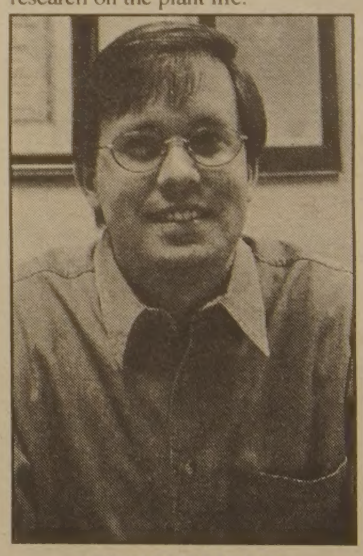
The ACSSC helps landowners improve the natural aesthetic condition of their property. With Howard's help, the Glendale campus will achieve full certification as an ACSSC member.

Howard, a student in the Post-graduate Ecosystem Restoration program, holds a degree from Brock University in environmental biology. During his one year at Niagara College, Howard has been aiding Al Unwin, professor and program co-ordinator of the Ecosystem Restoration program, as a research assistant. Howard is paid for his work through the college and was handed the ACSSC project as part of his duties. It is Howard's job to complete the necessary elements of the ACSSC application before the campus can become certified. Howard adds, he has been kept busy.

He says the ACSSC then wants to know the type of wildlife that exists in the surrounding area.

"For example, the plant inventory list is five pages long," he says.

Most of the information was already there, says Howard, adding previous students in the Ecosystem Restoration program did a lot of the research on the plant life.



ADRIAN HOWARD

"I did it throughout the winter, so it wouldn't have even been really possible to do it," says Howard.

Next came the animal inventory list. The list is broken down into the different types of animals, such as mammals and reptiles. Howard says there aren't any endangered species native to the area around the campus, but adds the area is a migratory stop for certain birds. He says because of the two ponds near the rear of the campus, birds making the trip from north to south, or vice versa, tend to rest at the site.

"The birds can't do the trip from south to north with one stopover. They have to have stopover points. So if you eliminate those stopover points, it's going to be a real stress on their population," says Howard.

Howard says the school has a vested interest in the certification. He says not only because the Centre for Environmental Training is at the Glendale campus, but because the college can promote the fact it is ACSSC certified.

Other aspects included in the Resource Inventory and Environmental Plan package are such things as water and waste management and energy conservation.

"In terms of the waste management, the area they (college) are going to be working on is the cafeteria. At the moment they (cafeteria) use non-reusable plates, dishes, cutlery."

Howard says because the college doesn't run the cafeteria, it is run by Aramark Foods, some sort of agreement will have to be worked out.

He says other than the cafeteria there aren't many other obstacles to overcome. He says the college does recycle and compost on-site, and because the building is new it is already energy efficient.

Howard says when he is done with school, he plans to work for someone to gain experience in the field.

EMPLOYMENT

Hiring? Call 735-2211 ext. 7748

The Niagara News does not attest to the claims of any employment opportunity and encourages all those interested in any position offered to fully research every opportunity.

THE Ontario Human Rights Code, 1981, prohibits discrimmination because of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, age, marital status, or handicap in "Accommodation" and "Employment" advertisements. The Niagara News reserves the right to make any necessary changes in advertising copy.

NOW HIRING!

MARUSA MARKETING

- Paid Training
- Choose Your Shift
- 9A - 3P or 4P - 10P
- Competitive Base Salary
- Bonus Plan
- Incentives

IMMEDIATE OPPORTUNITIES!

Simply... Stop In
Fill Out An Application
& Schedule An Interview

DON'T DELAY!

Lower Level 3 Cross Street Downtown, Welland

Summer Camp Jobs in the U.S.A.

Lakeside residential Girls Camp in Maine Visas — Arranged

Counselors: Combined childcare/teaching. Must be able to teach or lead one or more of the following activities: gymnastics, tennis, swim, sail, canoe, water ski, arts (including stained glass, sewing, jewelry, wood, photo), dance, music, theatre, archery, wilderness trips, field sports, equestrian. Non-smokers. June 18 to August 24. Attractive salary (US) plus travel allowance.

Visit our camp on our photo website: **http://homepage.mac.com/kippewaforgirls/**

To Apply: Applications are available on our website: **www.kippewa.com** or contact us at the numbers listed below for a staff brochure and application.

Kippewa, Box 340, Westwood, Massachusetts, 02090-0340, U.S.A.
e-mail: kippewa@tiac.net | tel: 781-762-8291 | fax: 781-255-7167

FIND YOURSELF IN THE RESERVE

Here's an opportunity to meet someone with depth and knowledge you may not have had the privilege of knowing before. Yourself. In the Reserve, you discover more of what you're made of by mastering new challenges. You work selected evenings and weekends, meet people with similar interests, learn with hands-on experience, and earn part-time income. Find your true potential. Join in!

Visit the Lincoln and Welland Regiment
Open House every Thursday evening
81 Lake Street, St. Catharines, ON
685-9694 or 1-800-856-8488
www.dnd.ca

CANADIAN FORCES Forces canadiennes — RESERVE

National Defence Défense nationale — YOUR PRIDE. YOUR FUTURE. YOUR MOVE.

Niagara News Publishing Schedule

March 17/00
March 24/00
April 7/00
April 21/00

Fraternities • Sororities •Clubs •Student Groups

Earn $1,000-$1,500 this semester with the easy CIS three-hour fund raising event. No sales required. Fundraising dates are filling quickly, so call 1-888-923-3238 today or visit www.campusfundraiser.com!

Hard Rock CAFE

NIAGARA FALLS

Join the Industry Leaders

KITCHEN MANAGER
RETAIL SUPERVISORS

A rewarding career is now available in one of the most exciting and fast-paced, themed restaurants in the heart of Niagara's tourist industry. If you are self-directed, have 5 years experience in the restaurant industry, of which 2-3 years are in management, then we are looking for you!

A high level of enthusiasm and self-motivation is crucial to this position, as well as, a sound knowledge of front and back of house procedures, financial reporting and controls. We provide an opportunity for a challenging career and an attractive salary/benefit package.

Please send a fax or resume by Fri., Mar. 10/00 to:
Canadian Niagara Hotels Inc.
5685 Falls Avenue
Niagara Falls, Ontario L2E 5W7
Fax: (905) 371-8346

The future's so bright

you gotta wear shades.

Career Fair 2000

March 15, 2000

*Meet EMPLOYERS from across the Niagara Region and beyond.
*Access recruiters from a variety of industries and professions.
*Maximize your chances to get the job you want.

Who's Invited?
The Career Fair is open to all students and alumni from Brock University and Niagara College.

Where?
Niagara College, Glendale Campus.

When?
Wednesday, March 15, 2000
10 a.m. - 3 p.m.

How do I get there?
It's easy...take the bus! Buses will be available throughout the day to get you to and from the Career Fair, free of charge.

So jump on the bus to the Career Fair, get a job, spend the day on your future!!!!

Hosted by: Brock University and Niagara College.

"CONSIDER A CAREER IN HORTICULTURE"

NURSERY/GREENHOUSE: Wholesale nursery, growing ground covers, flowering shrubs, evergreens, flowering vines, dwarf trees and perennial flowers will be hiring additional staff for spring, both full time and seasonal. Employment is needed in potting, tagging and tying, shipping, growing, management and propagation. Work involves being both indoors and outside. Wages and positions commensurate with experience. Resumes may be dropped off to Attention: Jane Broere (Monday to Friday - 8:00 a.m. & 4:00 p.m.)
Willowbrook Nurseries Inc., 1000 Balfour Street, Fenwick, Ont. L0S-1C0
No phone calls please. We thank all applicants, however only those considered will be notified.

$ NEED MORE MONEY? $

Don't have time for another job? Earn immediate cash income. For details call now!(3 min. recorded message)
1-888-346-3570 code d-3

ATTENTION: STUDENTS

ARE YOU LOOKING FOR A SUMMER JOB?

- The Summer Jobs Service is now accepting applications from students interested in summer employment opportunities

THROUGH SUMMER JOBS SERVICE YOU CAN...

- Obtain job leads for subsidized placement
- Access job search resources and local labour market information

EACH YEAR EMPLOYERS CONTACT THE SUMMER JOBS SERVICE SEEKING STUDENTS TO FILL JOB VACANCIES

DON'T MISS OUT...APPLY NOW!

Contact the Summer Jobs Service today at 641-2252, ext. 4163 or stop by and visit us. Applications are available at:
Glendale Campus - Room W107
Niagara College Career Centre - 4-C Clark Street (St. Catharines) and 6255 Huggins Street (Stamford Green Plaza, Niagara Falls)

Funded by the Ministry of Training, Colleges and Universities

"You're Hired!"

BEEN A WHILE SINCE YOU HEARD THAT?

THEN COME VISIT US!

hrcc.becon.org/hrcc

- RESUME WRITING
- COVER LETTERS
- GOVERNMENT PROGRAMS
- JOBS, JOBS, JOBS!!

JOB GYM
Working out a future!

HUMAN RESOURCE CENTRE OF CANADA FOR STUDENTS

ST. CATHARINES	NIAGARA FALLS	WELLAND
43 CHURCH ST. #502	5853 PEER ST.	250 THOROLD RD
988-4154	354-2534	732-5025

Human Resources Development Canada — Développement des ressources humaines Canada — Youth Employment Strategy — Stratégie emploi jeunesse — Canada

SPORTS

Niagara College athletics finished for year

Athletic director happy with team performances, disappointed with student turnout

By RAM KRISHNAMURTHY
Staff Writer

Another year of Niagara College athletics has come and gone.

The 1999/2000 season received mixed reviews from Ray Sarkis, the college's director of athletics.

"From an attendance standpoint I was disappointed overall," said Sarkis.

However, from the standpoint of the college teams being competitive, Sarkis said he couldn't be happier. "Our teams played really strong all season. However, we could have had better fan support at our games."

In previous seasons, at Niagara Knights' games, whether men's or women's competition, attendance was strong. This season, the average crowd was between 100 to 125

'From an attendance standpoint I was disappointed overall.'

fans a game. Those figures are down roughly 100 people from previous seasons.

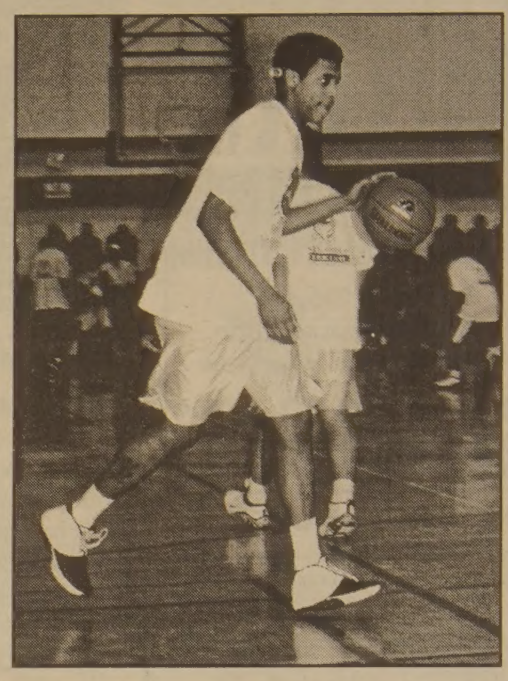
"I really don't know what more we can do to get the fans out to the games," said Sarkis. "We had special promotions and giveaway nights, banners posted around the school and in the residence, but still attendance was low."

Sarkis said he felt more students in student residence should have come out to the games.

He said the athletic department is already working on attendance strategies for next season. Scheduling games during the day on the weekends will help increase attendance. The Knights had a couple of Saturday games this year and had decent crowds, he said.

Sarkis said he was happy with the performance of the college teams.

The men's volleyball team finished the season as the fourth-ranked team in the country.



Men's basketball star Ernell Ellis, one of the college's top athletes.

Submitted photo

The men's basketball team finished as the 15th best team in the country.

Ernell Ellis, from the men's basketball team, finished the season tied for the scoring title in the Ontario Collegiate Athletic Association (OCAA) and was named a league all-star.

It was not a bad year for the team, which lost in the OCAA championship to Humber College, of Etobicoke. The men's basketball team finished the year with 10 wins and two losses.

"Head coach Ralph Nero did a great job this year working with the players," said Sarkis.

Knights defeat Royals in final game of season

Niagara College's Tasha Warwick manoeuvers around a Redeemer College, of Ancaster, defender during the women's final basketball game on Feb. 25. Niagara won its first game of the season 71-67.

Photo by Mike Dilts

Cactus Jack should be back

Hell in a Cell match ends Mick Foley's 15-year career

By ROBERT LAPENSEE
Staff Writer
Column

Mick Foley lost to Triple H at the World Wrestling Federation (WWF) No Way Out pay-per-view event late in the month of February. Now, because of a special stipulation, he must retire. Again. How many times is that since his appearance on TSN's Off The Record last December? How many times has Terry Funk retired?

It is no wonder wrestlers are not in any union or have no pension plans. Wrestlers retire and quit and promoters send them packing as if it is going out of style. The question is, is Foley's retirement credible?

I do not think so. Although he has given us a couple of spectacular matches the last couple of pay-per-view shows, I do not believe the WWF will send off the hardcore legend on a losing note. He has given us so much, sacrificing his body and, as a result, his quality of life, but we, the fans, only crave more and more. He deserves a more honourable finish even if it isn't as spectacular as falling through the Hell in a Cell.

I hope he gives us one more match — not because I want to see him maim himself more than he already has, but because I enjoy watching his matches, because I enjoy hearing his promos and because I want to see him beat the snot out of Triple H.

I believe Cactus Jack will appear one more time at Wrestlemania 2000 to take out Triple H. He will cost Hunter the belt to the Rock. This will set up another match between Hunter and Cactus Jack at the next pay-per-view show after Wrestlemania, which Cactus will win.

Cactus's win will propel him to the top of the rankings, making him the No. 1 contender for Summer Slam to face the Rock for the title. At Summer Slam, Cactus Jack will realize the dream of becoming WWF champion again when he defeats the Rock in the main event.

The next night on Monday Night Raw, Cactus Jack will retire with grace and go out as a champion. The championship will be declared vacant, thus setting up a tournament for the Rock, Hunter, The Big Show, Kane and a returning Stone Cold Steve Austin and Undertaker.

Hey, it could happen and then again it might not but I'll hold my Cactus Jack eulogy until after Summer Slam.

Congratulations to Rob Muirheatz, a local reader of the Niagara News and of the Hardcore wrestling column. He was the first to answer correctly our previous trivia question, which asked, "Who are the three faces of Foley?" Muirheatz answered Mankind, Dude Love and Cactus Jack.

For this week's question, you can send your answers, along with the name of your program and where you are from, to niagaranews@yahoo.com or you can drop it off at the Niagara News newsroom, located in S212 in the Simcoe building at the Welland campus, by Wednesday. The winner will be identified in next week's column.

This week, I ask you to name the well-known former wrestler who became the governor of Minnesota.

I will accept the first correct answer at random so give it a shot because it is all for fun.

STUDENTS CHECK IT OUT!
MINI SALVAGE
1874 #20 Hwy Fonthill
Salvage Dealer Liquidator
Unit #10
Great selection of carpet!
PRE-OWNED FURNITURE, APPLIANCES, ELECTRONICS
OPEN WEEKENDS ONLY
Sat. 9 - 4 Sun. 10 - 4

CAREER FAIR 2000
Join Niagara College and Brock University in St. Catharines for Career Fair 2000 at the college's Glendale Campus, in Niagara-on-the-Lake, Wednesday, March 15.
A shuttle bus service will be available from the Welland Campus, Maid of the Mist Centre in Niagara Falls, and Brock University to and from the Glendale Campus.
All students are welcome!
For more information call 735-2211 Ext. 7778

MEN'S VOLLEYBALL

Niagara finishes fourth at Nationals

Niagara makes first appearance at Nationals

Photos and Story
By JASON VIZBULIS
Staff Writer

It was quite a month for the Niagara College men's volleyball team.

The team went to the Nationals held in Grande Prairie, Alta., from March 2 to 4. They finished fourth out of eight teams. This was the first time in Niagara College history that a team has gone to the Nationals in a major sport.

While the team members were hoping for a medal, they were still happy with their performance. Niagara's coach Blair Cudmore said, "I am very proud of what we accomplished. We did very good considering we are a small school. It is the first time these guys played at the Nationals. As soon as they realize what they accomplished, it will be quite a thrill for them."

The tournament marked the end of team captain Kerby Bentley's volleyball career. He said, "I am always proud of my team. My team has never disappointed me. We upset teams at the Provincials. We upset teams at the Nationals. We made everybody take a second look at our program. We are getting stronger and there's nothing to be ashamed of. We played well and almost took the bronze medal."

The tournament was a coming out party for Niagara's Graeme Gaunt on the national stage. Gaunt had an incredible 50 kills in the tournament and was named a first-team all-star ahead of some of the star players that were participating in the gold medal match.

Gaunt, who is in his first year on the team said, "We could have done better, but being the fourth-ranked team in Canada is pretty good considering we were sixth going into the tournament. Hopefully we can come back next year. Maybe we will even win the gold medal."

The team's opening match was against Malaspina College of British Columbia. Niagara lost the game in four games (25-14, 25-13, 18-25, 25-18). They made a lot of unforced errors and their passing was not as good as it normally is. Though the team appeared to be nervous Bentley said he didn't think so. "They weren't nervous. They may have looked nervous, but they didn't seem to be when I talked to them one on one. They just show it differently."

As the match went on, Niagara's play continued to pick up. They took the third game with little trouble and lost the fourth game. Gaunt was named player of the game.

Malaspina went on to play in the gold medal match against Red Deer College of Alberta. Malaspina lost in three straight games.

Niagara followed its loss with a win over the Limoilou Titans of Quebec. The match went five games (25-22, 25-14, 23-25, 23-25, 15-10). Niagara got off to a fast start, winning the first two games. Although Limoilou came back to take the next two games. Niagara took the fifth game with solid blocking and key kills by Gaunt.

Niagara's men's volleyball team celebrates its provincial championship win. Back row, from left, are Andrew Chantel, Kerby Bentley, Shawn Barbison, Matt Piccolo, Bill Lang, Manager Matt Forfar, Coach Blair Cudmore. In the front row, from left, are Cameron Jacobs, Josh Gunnell, Graeme Gaunt, Cuneyt Akgol and athletic director Ray Sarkis.

Bentley said, "Limoilou was a little bit easier serving team in comparison to Malaspina. They didn't have the same offence. They (Malaspina) have their offence up the middle along with an outside offence. Limoilou's offence was just up the middle, which suits our style of play."

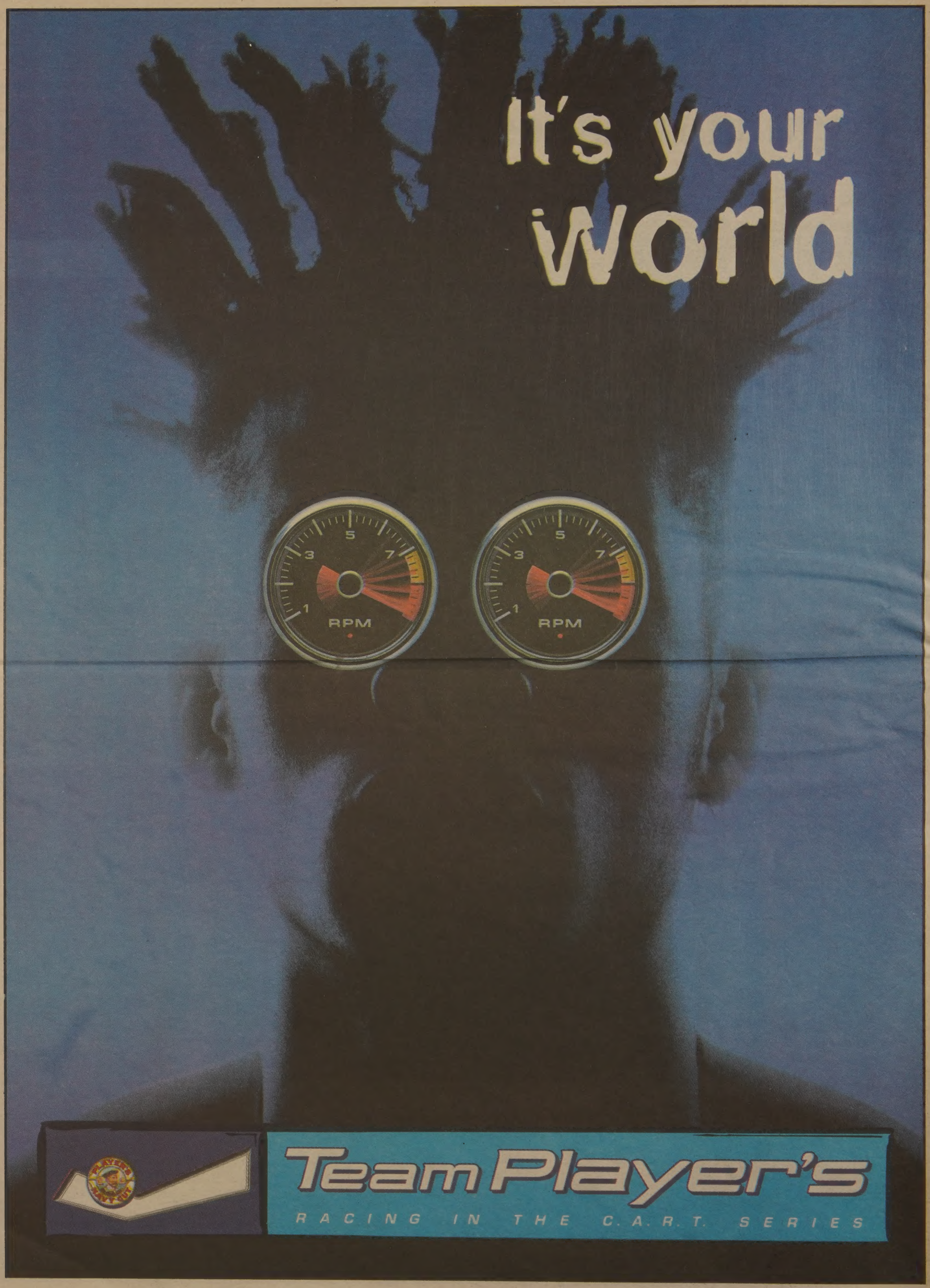
Niagara played Camosun College of British Columbia to determine who would play in the bronze medal game. Camosun was the fourth-ranked team in the nation going into the tournament and Niagara swept them in three straight games. This was Niagara's strongest match as their passing, serving and blocking all were working at the same time.

This set up a match against the hometown Grande Prairie Regional College Wolves. The fans were loud and numerous as more than 1,000 fans showed up, and they were not cheering for Niagara.

Niagara played well in the match as all the games were close. Grande Prairie's experience in national tournament play showed as they won the match in four games (25-23, 25-19, 23-25, 26-24).

Niagara's Matt Piccolo fights for the ball in the bronze medal game against the Grande Prairie Wolves of Alberta. Niagara lost the match but finished fourth in the country.

Cuneyt Akgol (in the dark shirt) digs the ball against Grande Prairie Regional College. The match was played in front of more than 1000 fans. Grande Prairie has put on the tournament for the past three seasons and will host the women's national volleyball tournament next year.


It's your world
RPM
RPM
Team Player's
RACING IN THE C.A.R.T. SERIES